

Tennessee Support Groups



The Alzheimer's Association offers in-person and virtual support groups to families impacted by dementia throughout Tennessee. While virtual groups are based in certain communities, they are open to anyone interested in participating. Please contact group facilitator(s) to RSVP.

Name	Day	Time	Format	County	Region	Facilitator	Phone	Email Address	Additional Details
Neurology Clinic of Cordova Caregiver Support Group	Every Tuesday	11 a.m. CT	Virtual	Shelby	West	Lauren McCormick	901-255-7157	lmccormick@neuroclinic.org	Meetings are limited to 15 people per week. Please call Lauren to RSVP.
Page Robbins Adult Day Care Caregiver Support Group	Varies	Varies	Virtual	Shelby	West	Sheri Wammack	901-854-1200	sheri@pagemccormick.org	Check website for details: pagemccormick.org/caregiver-support/support-groups/
Barton House Caregiver Support Group	2nd Monday	2:30 p.m. CT	In Person - 6961 US-70S, Nashville, TN 37221	Davidson	Middle	Julie Ehrlich	629-333-3897	julie.ehrlich@arosacare.com	Respite care available. Call 615-673-6922 to reserve space.
Belmont Village Caregiver Support Group	2nd Tuesday	Noon CT	Virtual	Davidson	Middle	Julie Ehrlich	629-333-3897	julie.ehrlich@arosacare.com	
BPC Sunny Day Club Caregiver Support Group	1st & 3rd Mondays	2 p.m. CT	Virtual	Davidson	Middle	Joyce Wisby	615-662-3626	JandJWisby@hotmail.com	RSVP to Joyce at 615-662-3626 to receive access details
Under 40s Caregiver Support Group	1st Thursday	6 p.m. CT	Virtual	Davidson	Middle	Erin Drummond	770-356-7815	erinmcdrummond@gmail.com	For caregivers under the age of 40
Vanderbilt Memory & Alzheimer's Center Early-Stage & Care Partner Support Group	3rd Tuesday	5:30 p.m. CT	Virtual	Davidson	Middle	Corey Bolton Nicole Boog Dr. Marissa Gogniat Natalie Pettirossi Dominic Roby Sydney Wilhoite	615-875-9601	corey.bolton@vumc.org nicole.r.boog@vumc.org marissa.gogniat@vumc.org natalie.pettirossi@vumc.org dominic.robby@vumc.org sydney.wilhoite@vumc.org	Combined group that includes those with Alzheimer's (early-stage) and their care partners. Please contact Sydney for access details.
St. Thomas Hickman Hospital Caregiver Support Group	1st Tuesday	Noon CT	Virtual or In Person - 135 E Swan St, Centerville, TN 37033	Hickman	Middle	Jennifer Harris Teresa Purcell	931-729-1941 931-994-2187	jennifer.harris3@ascension.org purcell.teresa60@gmail.com	
Highland Church of Christ Caregiver Support Group	2nd & 4th Sundays	3 p.m. CT	In Person - 497 E James Campbell Blvd, Columbia, TN 38401	Maury	Middle	Rebecca (Becky) Mischke	931-446-6847	mischkes1990@gmail.com	Meets in Room 104
Brookdale Clarksville Caregiver Support Group	Last Thursday	2 p.m. CT	In Person - 2183 Memorial Dr, Clarksville, TN 37043	Montgomery	Middle	Marie Eppes	931-257-1032	meppes@brookdale.com	RSVP to 931-645-6945. Light refreshments provided.

Clarksville Library Caregiver Support Group	3rd Wednesday	11 a.m. CT	In Person - 350 Pageant Ln #501, Clarksville, TN 37040	Montgomery	Middle	Rick Richmond	931-980-4143 931-362-3143	richmondmii@bellsouth.net	Meets in the small meeting room
Harmony at Victory Station Caregiver Support Group	3rd Thursday	11:30 a.m. CT	In Person - 211 Fortress Blvd, Murfreesboro, TN 37128	Rutherford	Middle	Yvonne Warner	615-476-9106	yvonnerw60@aol.com	
We Remember You Caregiver Support Groups	1st Thursday	6 p.m. CT	In Person - First United Methodist Church, 265 W Thompson Ln, Murfreesboro, TN 37129	Rutherford	Middle	Lee Ann Hyatt	615-801-5570	werememberyoucg@gmail.com	RSVP to Lee Ann. Groups meet in Room 214. Childcare available for the Thursday evening group, and respite available for the Tuesday and Wednesday day groups.
	3rd Tuesday	3:30 p.m. CT							
	3rd Wednesday	3:30 p.m. CT							
Brookdale Goodlettsville Caregiver Support Group	2nd Thursday	6 p.m. CT	In Person - 3001 Business Park Cir, Goodlettsville, TN 37072	Sumner	Middle	Jill Stansfield	419-283-9423	jstansfield1914@gmail.com	
Caring for the Caregiver (Hendersonville Church of Christ) Support Group	2nd Thursday	6 p.m. CT	In Person - 107 Rockland Rd, Hendersonville, TN 37075	Sumner	Middle	Dawn Elledge	615-831-3167	delledge23@gmail.com	
First Baptist Church Hendersonville Caregiver Support Group	3rd Thursday	10 a.m. CT	In Person - 106 Bluegrass Commons Blvd, Hendersonville, TN 37075	Sumner	Middle	Dawn Elledge	615-831-3167	delledge23@gmail.com	Meets in the Wilson Fellowship Hall
Clarendale at Indian Lake Caregiver Support Group	1st Thursday	Noon CT	In Person - 195 Indian Lake Blvd, Hendersonville, TN 37075	Sumner	Middle	Dawn Elledge	615-831-3167	delledge23@gmail.com	RSVP the Monday before each session to 615-270-5109. A boxed lunch will be provided.
Christ United Methodist Church Caregiver Support Group	2nd & 4th Tuesdays	10:30 a.m. CT	In Person - 508 Franklin Rd, Franklin, TN 37069	Williamson	Middle	Steve Middlebrooks	615-771-8979	stephen.middlebrooks@gmail.com	
Daughters of Dementia (FFUMC) Caregiver Support Group	2nd Tuesday	6 p.m. CT	Virtual	Williamson	Middle	Robyn Arab	615-294-1642	robyna@harpethhills.org	For women
						Melissa Burton	615-513-2048	melissa@connectionfirstcounseling.com	
Fountains of Franklin Caregiver Support Group	1st Thursday	10:30 a.m. CT	In Person - 300 Celebration Cir, Franklin, TN 37067	Williamson	Middle	Shannon Cottrell	615-567-3717	shannon@fountainsfranklin.com	Meets in community room
Williamson County Library Caregiver Support Group	2nd Friday	10 a.m. CT	In Person - 1314 Columbia Ave, Franklin, TN 37064	Williamson	Middle	Seth Zamek	803-517-9489	esethzam@gmail.com	Meets on the second floor in the Learning Center
Lebanon Senior Center Caregiver Support Group	1st Tuesday	10 a.m. CT	In Person - 670 Coles Ferry Pike, Lebanon, TN 37087	Wilson	Middle	Teresa Botts	615-449-4600	teresa@lebanontn.org	
						Tom Lee		twlee111@yahoo.com	
Chattanooga Early-Stage Support Group	1st & 3rd Tuesdays	10 a.m. ET	In Person - call or email to confirm location	Hamilton	Southeast	Amy French	423 265-3600	afrench@alz.org	When you contact Amy, she will conduct an informal assessment to ensure this group is the right fit for you/your loved one
Greenbriar Cove Caregiver Support Group	2nd Wednesday	11:00 am. ET	In Person - Greenbriar Cove Club House, 9555 Leyland Dr, Ooltewah, TN 37363	Hamilton	Southeast	Larry Griffin	423-396-4700	afrench@alz.org	

Chattanooga Area Caregiver Support Group	4th Monday	10 a.m. ET	In Person and Virtual - Ascension Valley Residence, 1164 Mountain Creek Rd, Chattanooga, TN 37405	Hamilton	Southeast	Valerie Carnes	423-887-0561	afrench@alz.org	
St. John's Cathedral Caregiver Support Group	1st, 3rd (& 5th) Wednesdays	11:30 a.m. ET	In Person - 413 Cumberland Ave, Knoxville, TN 37902	Knox	East	Elsbeth Freeman	865-803-6653	elsbethf@gmail.com	
The Charlie Crawford Alzheimer's and Dementia Support Group	2nd Sunday	4 p.m. ET	In Person - Central Baptist Church, 300 N Roan St, Johnson City, TN 37601	Washington	Northeast	Annette Osborne	423-928-5178	aosborne2008@yahoo.com	Meets in Room A-101

Updated as of 1/23/2024. Please contact Harlyn Hardin (Middle TN) at hahardin@alz.org or 615-622-4176, Katrina Kimble (West TN) at kkimble@alz.org or 901-281-3967, Dayisia Wilson (Statewide) at dawilson@alz.org or 901-800-8827 and Amy French (East, Northeast, & Southeast TN) at afrench@alz.org or 423-265-3600.