

ALZHEIMER'S  ASSOCIATION®

# MEMORY CAFÉ

EARLY STAGE SOCIAL  
ENGAGEMENT GROUPS

IN-PERSON MEETINGS



Memory Cafes and early-stage engagement groups offer a fun and relaxed way for people living with early-stage memory loss to get connected with one another through social events that promote interaction and companionship. If you are considering attending a memory cafe, note that schedules and times change occasionally. Please pre-register with the contact below.

**1st & 3rd Mondays | Noon-1 p.m.**

Rockville Senior Center  
1150 Carnation Drive, Rockville, MD 20850

**2nd Thursday | 10-11 a.m.**

White Oak Community Recreation Center  
1700 April Lane, Silver Spring, MD 20904

**3rd Tuesday | 2:15-4:15 p.m.**

Camp Springs Senior Center  
6420 Allentown Rd, Camp Springs, MD 20748  
Contact Michael Watson  
mwwatson@alz.org

**Last Thursday of each month | 2-3 p.m.**

Leisure World of Maryland  
3700 Rossmoor Blvd.  
Silver Spring, Md 20906

**Contact Laura Byer**

**301.233.6879 or lbbyer@alz.org**

 **ALZHEIMER'S  
ASSOCIATION**  
National Capital Area Chapter

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**24/7 HELPLINE: 800.272.3900**