



ALZHEIMER'S[®]
ASSOCIATION
CALIFORNIA CENTRAL COAST CHAPTER

Healthy Aging Club

An Active Social Club for those living in the early stages of dementia

Get out, get active, and get connected!

Keep your brain and body active with different activities. Meet others who are living in the Early Stages and want to remain cognitively and socially active.

2nd & 4th Thursdays
10 - 11:30am

St. Stephen's Episcopal Church
Boydston Room

1344 Nipomo Street
San Luis Obispo, CA 93401

RSVP to Laura Deloye
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