

CARE & SUPPORT

SUPPORT GROUPS

Registration & info:

nmsupportgroups@alz.org or 24/7 Helpline
1 (800) 272-3900



Virtual/Location/Region	Support Group	Meeting	Facilitator Name	Address
Farmington, NW Region	Alzheimer's & Dementia Caregiver Support Group	3rd Tuesday of Each Month at 1:00pm	Judy Harris	San Juan Center for Independence 1204 San Juan Blvd., 87401
Santa Fe, NE Region	Talking About Dementia in Relationships	3rd Monday of Each Month at 1:00pm	Laura Hendrie	Alzheimer's Association Office, 1409 Luisa St. Ste. F 87501
Santa Fe, NE Region	The Caregiver Connection	2nd Tuesday of Each Month at 3:00pm	Rachael Hemann	The Montecito of Santa Fe 500 Rodeo Rd., 87505
Santa Fe, NE Region	The Caregiver Connection	4th Thursday of Each Month at 10:am	Rachael Hemann	The Montecito of Santa Fe 500 Rodeo Rd., 87505
Santa Fe, NE Region	Brainiacs Early Stage - Support Group	2nd Saturday of Each Month at 1:00pm	Laura Hendrie	Location varies-Please contact nmsupportgroups.com
Santa Fe, NE Region	Wives Caring for Spouse or Partner with Alzheimer's/Dementia Support Group	Please Contact nmsupportgroups@alz.org	Marie Bass	Alzheimer's Office 1409 Luisa St. Ste. F 87501
Santa Fe, ABQ Region, Santo Domingo Pueblo	Alzheimer's & Dementia Caregiver Support Group	Please Contact Jinelle Goodwin at 505.231.8773	Jinelle Goodwin	Santo Domingo Pueblo CHR Office 505.465.2663
Albuquerque, Central Region	Alzheimer's & Dementia Caregiver Support Group	First and Third Monday of the Month at 10:00-Noon	Lynne Blake	Manzano Mesa Multigenerational Center 501 Elizabeth St. SE, 87123
Albuquerque, Central Region	Alzheimer's & Dementia Caregiver Support Group	First and Third Monday of the Month at 6:00pm-8:00pm	Lynne Blake	Watermark at Cherry Hills 6901 San Vicente Ave, NE 87109
Albuquerque, Central Region	Purple Power -Early Stage - Person with Dementia (care partner assistance encouraged)	2nd and 4th Tuesday of Each Month at 10:00am	Ellen Roy Day	Alzheimer's Association Office 6731 Academy Rd 87109
Albuquerque, Central Region	Alzheimer's & Dementia Caregiver Support Group	3rd Tuesday of Each Month at 10:00am-11:30am	Helen Purser	South Valley Public Library 3904 Isleta Blvd, NW 87105

Albuquerque, Central Region	Grief Caregiver Support Group	1st Wednesday of Each Month at 1:00pm	Jane "Chiyo" Thornton	North Ridge 8101 Palomas Ave NE 87109
Albuquerque, Central Region	Soaring Spirits-Grief and Loss Caregiver Support Group	4th Thursday of Each Month at 11:00am	Ellen Roy Day	Alzheimer's Association Office 6731 Academy Rd 87109
Albuquerque, Central Region	Spanish Speaking Caregiver Support Group	4th Thursday of Each Month at 6:30pm	Elenny Mata	Alamosa Community Center 6900 Gonzales SW 87121
Albuquerque, Central Region	Adult Children caring for Parents with Alzheimer's/Dementia	3rd Thursday of Each Month at 10:00am	Laura Todd	Alzheimer's Association office 6731 Academy Rd NE 87109
Albuquerque, Central Region	Alzheimer's & Dementia Caregiver Support Group	3rd Thursday of Each Month at 1:00pm – 3:00pm	Laura Todd	Alzheimer's Association office 6731 Academy Rd NE 87109
Albuquerque, Central Region	Alzheimer's Men's Group-Breakfast Gang	2nd Friday of Each Month at 10:00am	Norm Falk	Weck's 3913 Louisiana Blvd. NE 87110
Albuquerque, Central Region	Eastside Memory Cafe-Social Time for Loved One & Caregiver	1st Saturday of Each Month at 1:30-3:00pm in the Son Shine Cafe, contact Sharon for more information	Sharon Jensen ssmjens@aol.com,	St. John's United Methodist Church 2026 Arizona St. 87110
Albuquerque, Central Region	Westside Memory Cafe-Support & Social Time for Loved One & Caregiver	3rd Saturday of Each Month at 1:30-3:00pm	Twila Kirkpatrick	Mesa View United Methodist Church 4701 Montano Rd NW 87120
Albuquerque, Central Region	Wives Caring for Spouse or Partner with Alzheimer's/Dementia Support Group	Please Contact nmsupportgroups@alz.org	Marie Bass	Alzheimer's Office 6731 Academy Rd NE 87109
Hybrid Virtual+Albuquerque (Central Region)	Alzheimer's & Dementia Caregiver Support Group AT CAPACITY-Please email nmsupportgroups@alz.org	1st & 3rd Tuesday of Each Month at 10:00am	Charles Gregory Joan March	Virtual + Alzheimer's Office 6731 Academy NE 87109
Rio Rancho, Central Region	Alzheimer's & Dementia Caregiver Support Group at Loma Colorado Library AT CAPACITY-Please email nmsupportgroups@alz.org	1st Wednesday of Each Month at 9:30 am- 11:00 am	Helen Purser	Loma Colorado Library 755 Loma Colorado Ave. NE 87124
Rio Rancho, Central Region	Alzheimer's & Dementia Caregiver Support Group	Last Thursday of Each Month from 1:00-3:00pm	Laura Todd	Retreat Gardens 4100 Jackie Rd 87124
Las Cruces, SW Region	Alzheimer's & Dementia Caregiver Support Group	1st and 3rd Thursday of Each Month at 1:00pm	Ruth Wallis	Alzheimer's Association Office 141 Roadrunner Ste. 133, 88011
Las Cruces, SW Region	Men's Alzheimer's & Dementia Caregiver Support Group	2nd & 4th Thursday of Each Month at 2:00pm	Steve Gaskell	Munson Senior Center 975 S. Mesquite St., 88001
Pie Town, SW Region	Alzheimer's & Dementia Caregiver Support Group	1st and 3rd Tuesday of Each Month at 1:00pm	Barbara Owens	Left of the outside seating area of the Ohana Cafe 5603 US-60, 87827
Silver City, SW Region	Alzheimer's & Dementia Caregiver Support Group	Last Thursday of Each Month at 5:00pm	Gigi Ellis	Cross Point Church Assembly of God, 11600

				US-180 88061
Virtual	Your Time Caregiver Support Group	1st & 3rd Monday at 12 Noon.	Kathleen DiMasi	Virtual
Virtual	Navajo Nation Caregiver Support Group - Dual Language English and Dine	2nd and 4th Monday of Each Month at 3:30pm	Valerie Tsosie	Virtual
Virtual	Adult Children caring for Parents with Alzheimer's/Dementia Disease AT CAPACITY-Please email nmsupportgroups@alz.org	Every Other Tuesday of Each Month at 6:30pm	Kathleen DiMasi	Virtual
Virtual	LGBTQ+ SAGE Alzheimer's & Dementia Caregiver Support Group	Every Other Friday of Each Month at 12:00 Noon	Daniel White	Virtual
Virtual	Alzheimer's & Dementia Caregiver Support Group	2nd Tuesday of Each Month at 2:00pm	Carolyn Scott	Virtual
Virtual	Early Stage - Person with Dementia (care partner assistance encouraged)	1st Friday of Each Month at 10:30 AM	Barbara Michels	Virtual
Virtual	"The Golden Hour" Senior Social Isolation Early Stage Persons with Dementia Engagement Group	2nd & 4th Wednesday of Each Month at 10:00am	Carolyn Scott	Virtual
Virtual	"The Golden Hour II" Senior Social Isolation Early Stage Persons with Dementia Engagement Group	1st & 3rd Wednesday of Each Month at 10:00am	Carolyn Scott	Virtual
Virtual	Alzheimer's & Dementia Caregiver Support Group	3rd Thursday of Each Month at 6:00pm	Carolyn Scott	Virtual
Virtual	Early Stage - Person with Dementia (care partner assistance encouraged)	3rd Friday of Each Month at 2:00pm	Barbara Michels	Virtual
Virtual	Families & Friends of Loved Ones Residing at Long Term Care Facilities	Last Thursday of Each Month at 5:30pm	Gale Garcia	Virtual
Virtual	Husbands caring for Spouse or Partner with Alzheimer's/Dementia Support Group	1st & 3rd Friday of each month at 12:00pm (Noon)	Robert Lewis, LMFT	Virtual
Virtual	Wives Caring for Spouse or Partner with Alzheimer's/Dementia Support Group	Please Contact nmsupportgroups@alz.org	Marie Bass	Virtual

** Last Updated - January 5th, 2024*