

IN-PERSON EDUCATION PROGRAMS

Presented by the Alzheimer's Association®



May, 2024

TO REGISTER OR TO LEARN MORE,
VISIT: [ALZ.ORG/CRF](https://alz.org/crf)
CALL: 24/7 HELPLINE: 800.272.3900

Available throughout San Luis Obispo, Ventura & Santa Barbara Counties. Pre-registration is encouraged.

- Healthy Living for Your Brain and Body

Fri., May 3

10:00-11:00am

Ventura Avenue Adult Center
550 N Ventura Ave,
Ventura, CA

- Where are My Keys vs. What are My Keys?

Tue., May 7

10:00-12:00pm

Paso Robles Library
1000 Spring St.
Paso Robles, CA
In collaboration with SLO County Public Health

- Advocating Thru Prevention & Organized Care: Tools to Make a Difference in Caregiving & Self Care

Wed., May 15

10:00-11:30am

St. Barnabas Episcopal Church
301 Trinity Ave.
Arroyo Grande, CA
Phyllis Anderson, Caretopia
Tony & Kori Gonazles,
Alzheimer's Association Advocates

- Maintaining Connection after Memory Loss Effective Communication Strategies in Dementia

Fri., May 17

10:00-11:30am

Morro Bay Community Center
1000 Kennedy Way
Morro Bay, CA

- 10 Warning Signs of Dementia

Wed., May 22

10:30-11:30am

6180 Via Real
Carpinteria, CA

- Understanding Alzheimer's and Other Dementias

Thurs., May 30

1:30-2:30pm,

Camarillo Senior Living
6000 Santa Rosa Road
Camarillo, CA

- 10 Señales de Advertencia de la Enfermedad de Alzheimer:

Thurs., May 2

6:00-7:00pm

Immigrant Hope
San Andres St.
Santa Barbara, CA

Fri., May 3

10:00-11:00am

Carpinteria Children Center (Abuelitos)
5201 8th St.
Carpinteria, CA

Wed., May 15

6:00-7:00pm

St. George Community Center
1032 E Mason St
Santa Barbara, CA

Alzheimer's Association

24/7 Helpline:

800.272.3900

Free, around-the-clock help

 **ALZHEIMER'S
ASSOCIATION**

California Central
Coast Chapter

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- Una Vida Saludable para el Cerebro y el Cuerpo:

Thurs., May 9
6:00-7:00pm
Immigrant Hope
San Andres St.
Santa Barbara, CA

Fri., May 10
10:00-11:00am
Carpinteria Children Center (Abuelitos)
5201 8th St.
Carpinteria, CA

Fri., May 24
6:00-7:00pm
St. George Community Center
1032 E Mason St
Santa Barbara, CA

- 10 Señales de Advertencia de la Enfermedad de Alzheimer & Una Vida Saludable para el Cerebro y el Cuerpo:

Tues., May 7
10:00am-12:00pm
St. Vincent's
4202 Calle Real
Santa Barbara, CA

Thurs, May 30
12:00-2:00pm
Catholic Charity
609 E Haley St.
Santa Barbara, CA

Community Events May 2024:

- Lompoc Senior Resource Fair
Fri., May 3
9:00am-12:00pm
Dick DeWees Community & Senior Center
1120 W. Ocean Ave.
Lompoc, CA

- SLO & Santa Barbara Counties Elder Abuse Prevention Virtual Training Conference

Thurs., May 9
9:00-11:30am
Register: fsacares.org/events/2024-elder-abuse-conference/

- Caregiver Retreat

Sat., May 11
10:00am-2:00pm
St. James Episcopal Church
1335 Oak St., Paso Robles, CA
In collaboration with CAPSLO Adult Day Center
Must RSVP by 5/6: 805-239-5679
bit.ly/slo_retreat

- Hidden Creek Test Screening

Thurs, May 23
6:00pm
Park Cinemas
1100 Pine St, Paso Robles, CA
Contact: Laura DeLoye: 805-342-0956
Tickets: www.parkcinemas.com/

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