

**FOR IMMEDIATE RELEASE:**

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## **Greater Illinois Chapter Announces August Program Line-up for Iroquois, Kankakee, Grundy and Will Counties**

*10 Million U.S. Baby Boomers will develop Alzheimer's disease in their lifetime.*

**JOLIET, IL---**The Alzheimer's Association – Greater Illinois Chapter will offer the following programs in the month of August: **The Noon Network, Now What Was I Saying?**. These state-of-the-art programs are intended for caregivers and healthy older adults who are concerned about brain health.

### **The Noon Network**

Wednesday, August 5

12:00 p.m. – 1:00 p.m.

Greater Illinois Chapter Office

1150 Essington Road, Suite 109

Joliet, Illinois 60435

**"The Noon Network** is held on the first Wednesday of every month at the Alzheimer's Association - Greater Illinois Chapter's Joliet Office, said Melanie Adams, senior program manager for the Chapter. "Anyone who wants to learn more about Alzheimer's disease and related dementias, and discuss various community needs are welcome to attend. You'll also have opportunity to learn more about the Alzheimer's Association services, meet our staff, visit our lending library and network with others. Lunch is provided by The Loyalton & Courtyard of Joliet. A suggested donation of \$5 is appreciated."

### **Now What Was I Saying?**

Tuesday, August 11

6:00 p.m. – 7:30 p.m.

Romeoville Recreation Center

900 West Romeo Road

Romeoville, Illinois

Adams went on to explain, "**Now What Was I Saying?** begins with a description of how memory works and provides information about normal age-related changes versus serious memory problems. We also discuss common myths about the brain and memory. The program concludes with evidence-based research into brain health and wellness in addition to practical tips given that can help you maintain a healthy brain. This free program is great for healthy older adults who are concerned about brain health."

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According to Erna Colborn, president and CEO for the Greater Illinois Chapter, "Alzheimer's disease is a progressive disease that destroys brain cells and gradually destroys a person's memory and ability to learn, reason, make judgments, communicate and carry out daily activities. The duration of Alzheimer's ranges from three to 20 years after symptoms are experienced. Many scientists believe Alzheimer's develops over several decades before people begin showing symptoms. Our community education programs will engage people in the fight against Alzheimer's by equipping them with the knowledge they need to combat this deadly disease."

To register for any of these community education programs call 815.744.0804 or visit [www.alz.org/illinois](http://www.alz.org/illinois).

**About the Alzheimer's Association** - The Alzheimer's Association, the world leader in Alzheimer research and support, is the largest voluntary health organization dedicated to finding prevention methods, treatments and cure for Alzheimer's. Since 1980, the donor supported, nonprofit Alzheimer's Association has provided reliable information and care consultation; created supportive services for families; increased funding for dementia research; and influenced public policy changes. **The Greater Illinois Chapter** serves dozens of counties with offices in Bloomington, Carterville, Chicago, Joliet, Rockford and Springfield. For more information, call our Helpline at 800-272-3900 or visit [www.alz.org/illinois](http://www.alz.org/illinois).

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