

FOR IMMEDIATE RELEASE:

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## Free Alzheimer's Support Group in Crystal Lake

*500,000 Illinoisans are affected by Alzheimer's disease.*

**ROCKFORD, IL---**The Alzheimer's Association – Greater Illinois Chapter is sponsoring a support group that meets the first Tuesday of every month from 10:00 a.m. – 11:00 a.m. at Senior Services, 110 W. Woodstock Street, Crystal Lake.

“This support group is an opportunity for people caring for loved ones with Alzheimer's disease or a related dementia to come together and discuss pertinent issues related to caregiving,” said Susan Sklar, program manager for the Chapter. “We encourage everyone who is a caregiver to attend. It is important that caregivers remember take care of themselves while caring for others.”

Alzheimer's disease is a progressive disease that destroys brain cells and gradually destroys a person's memory and ability to learn, reason, make judgments, communicate and carry out daily activities. The duration of Alzheimer's ranges from three to 20 years after symptoms are experienced. Many scientists believe Alzheimer's develops over several decades before people begin showing symptoms.

For more information call 815.484.1300 or visit [www.alz.org/illinois](http://www.alz.org/illinois).

**About the Alzheimer's Association** – The Alzheimer's Association, the world leader in Alzheimer research and support, is the largest voluntary health organization dedicated to finding prevention methods, treatments and cure for Alzheimer's. Since 1980, the donor-supported, nonprofit Alzheimer's Association has provided reliable information and care consultation; created supportive services for families; increased funding for dementia research; and influenced public policy changes. **The Greater Illinois Chapter** serves dozens of counties with offices in Bloomington, Carterville, Chicago, Joliet, Rockford and Springfield. For more information, call our Helpline at 800-272-3900 or visit [www.alz.org/illinois](http://www.alz.org/illinois).

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