Families and professionals are often looking for activity materials to engage persons with dementia and interact with them. Identified here is a selected list of activity resources.

Materials may be available for loan from the Alzheimer’s Association Green-Field Library or for downloading and purchase through various outlets. Search for titles in the online catalog and visit how to borrow. Items may be also be available for purchase through online outlets.

**Resources for early to moderate stage**

*Bite-size piece of my past: writing your life story in digestible chunks*
Andrea Bargsley Vincent.
http://bookstore.trafford.com

*By us for us guides*
PDF guides created through the Kenneth G. Murray Alzheimer Research and Education Program (MAREP) at the University of Waterloo by persons with dementia for persons with dementia. The guides are practical tools to help enhance well-being.
http://marep.uwaterloo.ca/products/bufu.html

*CyberSeniors*  
*Dan and Verna Rusnak, Kascha and Macaulee Cassaday*  
Initially reluctant seniors discover the World Wide Web with the help of teenage mentors.
http://www.cyberseniorsdocumentary.com

*Games at Amazon.com*  
Games for persons in early stage Alzheimer’s to use alone or share with someone; for sale.
http://www.amazon.com
Elder reminiscence and trivia books
Fort Atkinson, WI: Nasco
A web site of dozens of products including books to stimulate cognition.
http://www.enasco.com

Interactive books for memory impaired adults
Matthew Schneider and Deborah Drapac.
Eight interactive books designed to aid in communication and interactivity between caregivers and persons with dementia. Each includes photographs and a brief narrative for beginning conversation on such topics as American scenery, bible verses, colors, dogs, flowers, games, wildlife, and the seasons.
http://www.shadowboxpress.com

Let's look together: an interactive picture book for people with Alzheimer's and other forms of memory loss
Rae-Lynn Cebul Ziegler
Baltimore, MD: Health Professions Press, 2009

Lydia Burdick books
Books for persons with memory impairment to read aloud with someone else. Search the Web site by author or titles: Happy New Year to You!, Sunshine on My Face, and Wishing on a Star.
http://www.healthpropress.com

Patricia Garbarini books
Bloomington, IN: Xlibris.
Uses appropriate language and photographs to stimulate persons with dementia. Includes Autumn in the Country, Spring in the Park, Summer by the Water, and Winter Fun.
http://www2.xlibris.com

Senior activities
Fort Atkinson, WI: Nasco
Hundreds of activity products for persons with early stage and moderate Alzheimer’s.
https://www.enasco.com

Strengthen your mind: activities for people with early memory loss
Kristin Einberger; Janelle Selleck.
A “layflat” book. Search author’s last name.
http://www.healthpropress.com
Through the seasons: an activity book for memory-challenged adults and caregivers
Cynthia R. Green; Joan Beloff.
Available on Amazon

Resources for caregivers

Activities to do with your parent who has Alzheimer’s
Judith Levy
CreateSpace, 2014
Available on Amazon

Activities for people with Alzheimer’s
Washington, DC: AARP
http://assets.aarp.org/external_sites/caregiving/homeCare/engaging_activities.html

Alzheimer’s dementia DVD activities: filling the day with meaning
Snow, T.; Pines Education Institute of Southwest Florida
http://www.pinesofsarasota.org/education-institute

Alzheimer store
Cumming, GA: Ageless Design
Activities and entertainment products for persons with Alzheimer’s.
http://www.alzstore.com

Alzheimer’s activities that stimulate the mind
Emilia Bazan-Salazar.
Provides ideas and exercises on activities by stage of the disease in the areas of arts and crafts, gardening, music, physical movement, outings, and more. Available on Amazon.com.

Best friend’s book of Alzheimer’s activities: vols.1 & 2
Virginia Bell; David Troxel; Robin Hamon; Tonya Cox.
The first volume includes formal and informal activities for programmed and unprogrammed times of day, activities on communication, music, intergenerational activities, and more. The second volume focuses on diversity and multiculturalism, topics of interest to participants in their 50s and 60s and more. Search by authors’ last names.
http://www.healthpropress.com/index.htm
Different visit: activities for caregivers and their loved ones with memory impairments
Adena Joltin; Cameron Camp; Beverly Noble; Vincent Antenucci.
Cleveland, OH: Menorah Park Center for Senior Living, 2005.
A spiral bound book to help families stimulate conversation and interact with persons with dementia to make visits more enjoyable. Available on Amazon.com.

Elderly activities
Swindon, Wilshire, UK: Consortium Care; Home Care Products
http://www.elderlyactivities.co.uk

End-of-life Namaste Care Program for people with dementia
Joyce Simard.
Provides guidance for families and professional caregivers on implementing peaceful activities and sensory practices for persons with advanced dementia stressing their individuality and dignity. Search by author’s last name, “Simard.”
http://www.healthpropress.com/index.htm

Getting to know the life stories of older adults: activities for building relationships
Kathy Laurenhue.
Includes starting points such as Who I am and where I lived; preferences, routines, customs, and celebrations; historical and personal perspectives. Search by author’s last name, “Laurenhue.”
http://www.healthpropress.com/index.htm

Kaleidoscope—color and form illuminate darkness: an exploration of art therapy and exercises for patients with dementia
Ellen Greene Stewart.
Examines the ways that art can be an effective therapy for persons with dementia. Includes original assessment for, case studies, and exercises. Available on Amazon.com.

Montessori-based activities for persons with dementia: vols. 1 & 2
Cameron Camp.
Beachwood, OH: Menorah Park Center for Senior Living, vol. 1, 1999; vol. 2; 2006.
Activities using principles of Montessori education for basic tasks like eating, dressing, interaction and socialization, sensory stimulation and exercise are covered in two volumes. Search by author’s last name, “Camp.”
http://www.healthpropress.com
Movement with meaning: a multisensory program for individuals with early-stage Alzheimer’s disease

Barbara Larsen
Exercise and other programs for persons in early stage. Search by author’s last name, “Larsen.”
http://www.healthpropress.com

101 Activities
Chicago, IL: Alzheimer’s Association National Office
http://www.alz.org/living_with_alzheimers_101_activities.asp

Special perspectives – Alzheimer’s
Elkhorn, NE: Fat Brain Toys
Customer reviewed games, puzzles and toys reviewed by customers
http://www.fatbraintoys.com

Therapeutic thematic arts programming for older adults
Linda Levine-Madori.
Includes background discussion about thematic arts programming, steps to creating a program, and practical application. Search by author’s last name, “Levine-Madori.”
http://www.healthpropress.com