This resource is for families and professionals looking for book material for families with Alzheimer’s.

Materials may be available for loan from the Alzheimer’s Association Green-Field Library or for downloading and purchase through various outlets. Search for titles in the online catalog and visit how to borrow.

Books on family caregiving

*Alzheimer’s action plan: the expert’s guide to the best diagnosis and treatment for memory problems.*

P. Murali Doraiswamy; Lisa Gwyther  
Provides insights from a social worker and Alzheimer’s disease expert on the diagnosis, best tests and medical treatment, coping, behaviors, clinical trials, informed consent, and more. Available at major online book outlets.

*Alzheimer’s advisor: a caregiver’s guide to dealing with the tough legal and practical issues.*

James Vaughn  
Covers legal implications, estate planning, advance directives, guardianship, legal liability, cost of care, caring for caregivers, and more. Available at major online book outlets.

*Alzheimer’s / dementia interactive activity books for patients and caregivers* (8 book set)  
Matthew Schneider and Deborah Drapac  
Richfield, OH: Shadowbox Press, 2011  
Designed for memory-impaired adults and communication with people living with Alzheimer’s, Parkinson’s, stroke, brain injury, or related dementias. Provides sensory and cognitive stimulation for reminisce, recall, and sharing stories. Available at major online book outlets.
Alzheimer’s disease sourcebook: basic consumer health information about Alzheimer disease, other dementias, and related disorders.
Karin Bellenir
Detroit, MI: Omnigraphics, 2016
A compendium of basic consumer health information about Alzheimer’s disease and other dementias. Available at major online book outlets.

Alzheimer’s early stages: first steps for family, friends, and caregivers.
Dan Kuhn
In its 3rd edition, covers three key areas of the disease: medical aspects, day-to-day care, and care for the caregiver. Available at major online book outlets.

Caregivers guide to dementia: using activities and other strategies to prevent, reduce, and manage behavioral symptoms.
Laura Gitlin and Catherine Verrier Piersol
Examines the strategies most helpful for families and that have been used in the authors’ research using activities that prevent, reduce, and manage behavioral symptoms such as: agitation, repetitive questions, acting-out, wandering, restlessness, hoarding, resistance, incontinence, destructiveness, sexually and socially inappropriate acts, aggressiveness, depression, sleep disturbances and home safety. Available at major online book outlets.

Caregiver’s path to compassionate decision making: making choices for those who can’t.
Vicki Kind.
Austin, TX: Greenleaf Book Group Press, 2010
Includes four adaptable tools and techniques for decision making for Alzheimer’s, stroke, dementia, brain injury, mental illness and developmental delay. Chicken soup for the soul: living with Alzheimer’s & other dementias: 101 stories of caregiving, coping, and compassion. Used copies available at Amazon.

Chicken soup for the soul, living with Alzheimer’s and other dementias: 101 stories of caregiving, coping, and compassion.
Angela Timashenka Geiger and Amy Newmark
Available at major online book outlets.

Comfort of home for Alzheimer’s disease: a guide for caregivers.
Maria Meyer, Mary Mittelman, Cynthia Epstein, Paula Derr.
Portland, OR: CareTrust Publications, LLC, 2008.
Provides information on caring for someone at home in three major sections: preparing for home care, day by day care, and resources. Available at major online book outlets.
Coping with behavior change in dementia: a family caregivers’ guide.
Beth Spencer and Laurie White
Ann Arbor, MI: Whispub, LLC, 2015
The newest edition of the long-time standard Understanding Difficult Behaviors by Spencer, White, and Robinson. This version covers the potentially difficult behaviors: bathing, dressing, eating, mouth care, bathroom care; repetitive behaviors; wanting to go home; walking, pacing, wandering or exercise; paranoia, delusions, hallucinations; sleep and sundowning; physical intimacy and sexual behavior. Available at major online book outlets.

A creative toolkit for communication in dementia care.
Karrie Marshall
London, UK: Jessica Kingsley, 2015
Tested through first-hand experience, the toolkit provides creative enterprises for communication and relating to the person with dementia by covering a wide range of activities. Available on Amazon or at Jessica Kingsley.

Virginia Bell; David Troxel
Based on the Best Friends model of care, the book focuses on creative and effective communication and meaningful activities. Available at major online book outlets.

Navigating Alzheimer’s: 12 truths about caring for your loved one
Mary K. Doyle
Chicago, IL: In Extenso Press, 2015
About the size of a greeting card, this little publication is easy-to-read and effortless to handle. Concisely arranged and suited for the busy caregiver. It is packed with snippets of real-life situations and solutions that have worked for the author. Available at major online book outlets.

Navigating the Alzheimer’s journey: a compass for caregiving.
Carol Bowlby Sifton.
Contains chapters on the disease, communication, management, behaviors, environment, capitalizing on remaining abilities, getting help, care planning and planning for the future. Available at major online book outlets.

Learning to Speak Alzheimer’s
Joanne Koenig Coste.
Boston, MA: Houghton Mifflin, 2004
One of the first guides to changing the way care was delivered to people with dementia. Teaches the “habitation” approach. Available at major online book outlets.
**The mindful caregiver.**

Nancy Kriseman  
Washington, DC: Rowman & Littlefield Publisher, 2014  
Helps caregivers identify unrealistic expectations, learn to set limits and more effectively cope with guilt and worry which can fuel caregiver stress. Available at major online book outlets.

**Pocket guide for the Alzheimer’s caregiver.**

Daniel C. Potts and Ellen Woodward Potts  
Tuscaloosa, AL: Dementia Dynamics, LLC, 2011.  
Provides useful practical information for the newly diagnosed. Available at major online book outlets.

**The 36-hour day.**

Nancy Mace; Peter Rabins  
In its fifth edition, this comprehensive guide to the care of those in all stages of Alzheimer’s disease combines practical advice and specific examples and covers the medical, legal, financial, and emotional aspects of caring. Available at major online book outlets.

**Stages of senior care: your step-by-step guide to making the best decisions.**

Paul Hogan  
Provides chapters on all aspects of senior care and decision making. Available at major online book outlets.

**To survive caregiving: a daughter’s experience, a doctor’s advice on finding hope, help, and health.**

Cheryl Woodson  
A comprehensive and candid guide to the experience of care giving for everyone and especially those with an African-American interest. Available at major online book outlets.