Identified here is a selected list of resources on grief for the person with dementia and caregiver. Materials may be available for loan from the Alzheimer’s Association Green-Field Library or for downloading and purchase through various outlets. Search for titles in the online catalog and visit how to borrow.

Resources on grief and bereavement

**Anticipatory grief: expecting the loss, feeling the pain**

*Dying process*

*Final business*

Marty Hogan.
Booklets for caregivers and persons with dementia
http://www.sacredvigil.com

**Clinician’s guide to interpersonal psychotherapy in late life: helping cognitively impaired or depressed elders and their caregivers**

Mark D. Miller

**Grief counseling and grief therapy: a handbook for the mental health practitioner**

J William Worden.
GriefNet
Ann Arbor, MI: GriefNet
An internet community of persons dealing with grief, death, and major loss.
www.griefnet.org

Guide to supporting family caregivers through the Alzheimer’s trajectory: grief and personal growth: an education and resource manual
Carol H. Ott
Milwaukee, WI: Ott, Reynolds, Schlidt, Noonan, 2006
Current research on grief, assessment of grief, grief support services and more are covered here.

Handholder’s handbook: a guide for caregivers of people with Alzheimer’s or other dementias
Rosette Teitel
Includes such chapters touching on strength and courage, new beginnings, and the year after widowhood. Available on Amazon.

Living with grief: Alzheimer’s disease
Kenneth J Doka (editor)
Washington, DC: Hospice Foundation of America, 2004
Helping patients and caregivers adapt. Chapters cover grief in the person with dementia, grief therapy for the cognitively impaired, grief assessment in families, styles and strategies of caregiving spouses, and spirituality. Available on Amazon.

Living with grief when illness is prolonged
Kenneth J Doka

Loss in later life
Kenneth J Doka (editor)
Washington, DC: Hospice Foundation of America, 2002
Issues related to the effects of grief on the survivor’s health, loss of a significant other in later life, facing life alone, suicide in later life, counseling, culture and loss, making sense of loss, expressive therapies, and rituals and stories. Available on Amazon.

Moving to the center of the bed: the artful creation of life alone
Sheila Weinstein
www.centerofthebed.com, 2009
In a candid portrayal of loss, Sheila Weinstein tells a story of personal struggle, discovery, determination and growth after the diagnosis of her husband with Pick’s disease.
On grief and grieving: finding the meaning of grief through the five stages of loss
Elisabeth Kübler-Ross and David Kessler

The other side of sadness: what the new science of bereavement tells us about life after loss
George A. Bonanno
Contains such chapter titles as “The worst things that could ever happen,” “Sadness and laughter,” “What gets you through the night,” “Terror and curiosity,” “Between what was and is and will be,” “Imagining the afterlife,” and “Thriving in the face of adversity.” Available on Amazon.

Smiling through your tears: anticipating grief
Harriet Hodgson and Lois Krahn, 2004
Early and anticipatory grief, which occurs before a loss, is the focus of this book along with practical advice on healing.

Working through grief
Washington, DC: Hospice Foundation of America
This web site provides general articles with practical tips on sorting through one’s own grief and the grief of others.
http://www.americanhospice.org/grief