

Failure Free Activities: Packing a Lunchbox Filled with Endless Possibilities

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Spring, 2024



Learning Objectives

List

The learner will list the signs and symptoms of early, middle, and late-stage Alzheimer's disease.

Define

The learner will define the term clustering as it pertains to current functional abilities.

Describe

The learner will describe at least two activities to engage people living with Alzheimer's disease when they are relocated to unfamiliar environments.

Create

The learner will create a "memory-box" of failure free activities for a case-study patient who is living with Alzheimer's disease.

Melding Environmental Components into a Therapeutic Milieu

- Milieu is defined as the interaction of all of the elements within an environment. The melding of all of the elements within an environment forms a whole that determines the kinds of experiences that the person will have.
- The therapeutic milieu, or the blending of the physical, social, and cultural environments, can be constructed to meet safety needs in many ways!

Every Action Is An Activity!

Physical, social & cultural
strategies that support
functioning.



Remember the One Room Schoolhouse?



Teaching Children versus Adults

- *It is possible, although in today's culture not preferable, to teach a group of children through kindergarteners through 12th grade, in one room. Some struggle concentrating while others are engaged in different types of activities. Thus, the one-room schoolhouse is a thing of the past!*
- *The one room schoolhouse approach has also moved into the past in terms of dementia care. To assist persons to participate in activities to their fullest capabilities, those activities must be strength-based and must consider diverse skills and needs.*
- *One-size does not fit all!*

Mitigating the Impacts of Alzheimer's Disease

The Art & Science of Clustering



- The impairments caused by the disease require help from others to mitigate the impact of these losses on the person's physical, and psychological functional ability which includes the ability to relate to others.
- This process requires continual assessment as the stage of the disease and the moments of the disease are fluid in nature!

The Aim of Clustering

Retaining the essence of each individual with progressive memory loss issues!



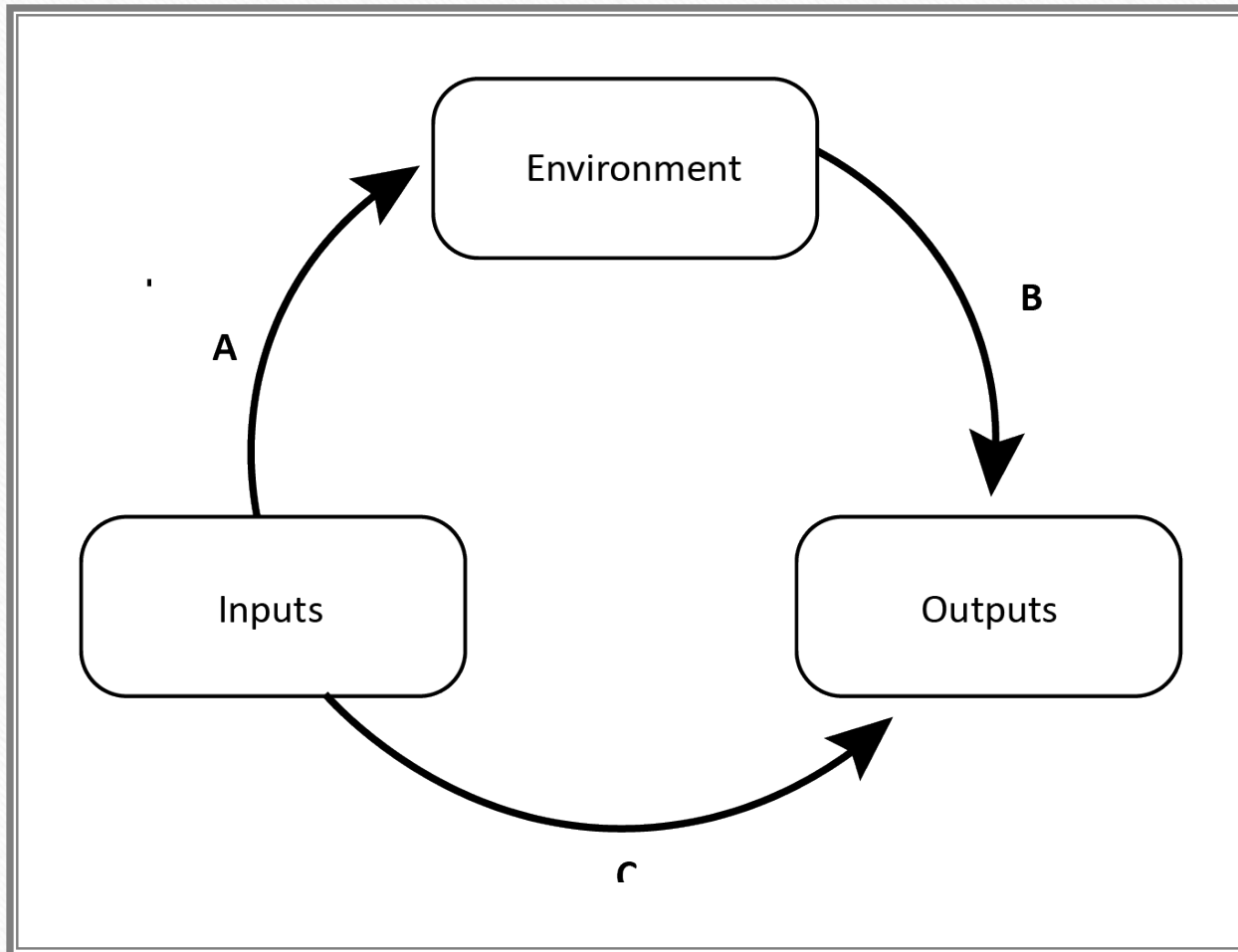
- The aim of clustering is based on the belief that people with Alzheimer's disease hold onto their essence, and their individual identity throughout the course of their lives.
- Human beings tend to have an attraction for people that share similar interests and capabilities.
- Alzheimer's disease causes patients to lose the capacity to gravitate to others who might share common interests.



Applying the Science of Clustering to Varied Environments

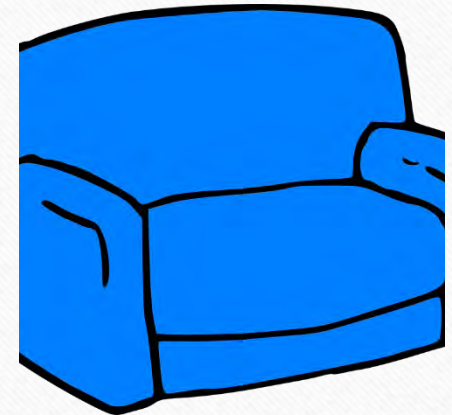
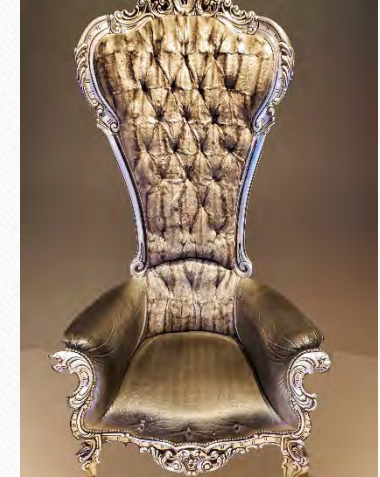
- Our environment influences both functions and actions.
- Socially and culturally accepted behaviors and even the clothing we wear varies based upon our environment.
- Overstimulating & understimulating environments can be the source of behavioral challenges for persons with Alzheimer's disease.

The Environment



- Lawton (1983), stated that people who are living with progressive dementing illnesses are even more dependent on the environment in which they are living than people without dementing illnesses. This is often referred to as the environmental press theory.

Which seat is calling your name?





**Inside the UK's first
intergenerational care home**

The Mobile Activity Box

- *A mobile activity box that personalized to meet the needs of the person with Alzheimer's disease*



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