



Alzheimer's Association CareSource™

**Helping with care
every step of the way**

alzheimer's  association®

the compassion to care, the leadership to conquer

Alzheimer's Association CareSource™

Get the help you need

If you or someone you know provides care for a person with dementia, it can be hard to know where to turn for information and support.

Visit the Alzheimer's Association CareSource™, an online suite of services that help with care planning and decision-making.

CareSource is an easy-to-navigate, one-stop Web resource for everything you need to know about finding and planning care for a person with Alzheimer's. This set of free services allows you to:

- receive customized care recommendations based on individual needs and preferences
- coordinate care help from friends, family members, neighbors and colleagues – or offer help to someone else
- find appropriate residential care options close to home

Alzheimer's Association CareFinder™

Find the care that fits best

If you want to make sure you're seeking the right care, visit the Alzheimer's Association CareFinder™, a tool that provides customized care recommendations based on personal needs, preferences and characteristics.

CareFinder helps you:

- recognize good care
- communicate effectively with care providers
- plan care and learn about ways to pay for it

Get guidance and information on all types of dementia care – and find out what will best fit your needs.

Lotsa Helping HandsSM

Coordinate help from family and friends

Friends, family members and neighbors may offer to lend a hand with caregiving for a person with dementia – now, with Lotsa Helping HandsSM, it's easy to keep track of care volunteers, as well as ask for or offer help.

This private group calendar helps caregivers, friends, family members and other volunteers coordinate the dates and times when they will provide care. It also gives communication tools to keep in touch with everyone about specific needs.

One convenient site allows users to:

- share a schedule and needs with everyone who wants to help
- access a community calendar
- post messages on a secure group bulletin board
- send notification and reminder e-mails

Senior Housing FinderSM

Learn about housing care options

If you're wondering about care options, visit Senior Housing FinderSM, powered by SNAPforSeniors®. This time-saving, easy-to-use tool is especially designed to help find care that meets the needs of individuals with dementia.

Senior Housing Finder is the first national, online, dementia-specific senior housing database, and provides detailed listings of licensed residences throughout the United States that offer services especially for residents with dementia.

Search by:

- geographic criteria
- housing category
- care services, including the level of dementia care offered
- name of residence
- availability status
- desired lifestyle offerings
- license type

**Visit CareSource today at
www.alz.org/caresource.**

Go to www.alz.org for Alzheimer resources, support and information or to log on to our message boards.

Call our 24/7 Helpline to receive confidential care consultation from trained professionals. Or, visit the Alzheimer's Association to attend support groups and education programs.

1.800.272.3900
www.alz.org

The Alzheimer's Association is the leading voluntary health organization in Alzheimer care, support and research.

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