

# cognitive decline in indiana

#### DATA FROM THE 2012 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

In Indiana, 11.5 percent of those aged 45 and over report that they are experiencing confusion or memory loss that is happening more often or is getting worse.

Nearly 80 percent of them have <u>not</u> talked to a health care professional about it.

For those with worsening memory problems, nearly 45 percent say it has interfered with household activities and/or work or social activities.

## Portion of last 30 days, on average, people with memory problems experienced . . .

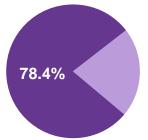
38.2%		32.0%	28.5%	
(11.47 days)		(9.60 days)	(8.54 days)	
Poor Physical Health		Poor Mental Health	Limited Activities Due to Poor Health	

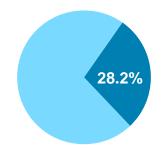
## Characteristics of those with memory problems

Disabled	62.3%
In Fair/Poor Health	49.2%
Have Fallen in Last 12 Months	52.1%
Had Fall-related Injury	13.5%
Ever Had Depression	46.8%
Have Trouble Seeing	43.3%
Smoke	21.8%

This Fact Sheet is supported by Cooperative Agreement #5U58DP002945-04 from the Centers for Disease Control and Prevention (CDC). Its contents are solely the responsibility of the Alzheimer's Association and do not necessarily represent the official views of the CDC.

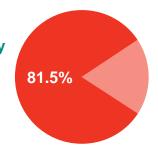






Percent with memory problems who live alone

Percent with memory problems who have at least one other chronic condition\*



<sup>\*</sup>Other chronic condition is defined as arthritis, asthma, COPD, cancer, cardiovascular disease, and diabetes.

#### Percent with memory problems who say it creates difficulties and burden

