

ALZHEIMER'S  ASSOCIATION®

MEMORY CAFÉ

EARLY STAGE SOCIAL
ENGAGEMENT GROUPS

VIRTUAL MEETINGS



Memory Cafes and early-stage engagement groups offer a fun and relaxed way for people living with early-stage memory loss to get connected with one another through social events that promote interaction and companionship. If you are considering attending a memory cafe, note that schedules and times change occasionally. Please pre-register with the contact below.

**THESE MEETINGS ARE CURRENTLY VIRTUAL.
PLEASE REGISTER TO RECEIVE LOGIN INFORMATION.**

1st Wednesday | 6:30 p.m.
Forgetful Friends Networking Meeting
Contact Mary Kren 703.361.8841

1st Friday, 2-3 p.m.
Washington Metro Oasis
Contact Laura Byer
Lbbyer@alz.org

 **ALZHEIMER'S
ASSOCIATION**

National Capital Area Chapter

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24/7 HELPLINE: 800.272.3900