

Ventura County Regional Office
80 N. Wood Road Suite 302; Camarillo CA 93010

805 484 6028
alz.org/cacentralcoast

AGOURA HILLS (Caregiver)

Agoura Retreat 5217 Chesebro Rd. (September)
2nd & 4th Thursday 6:30–7:30 p.m.
Facilitator: Mark Stelzer (818) 681–4270

CAMARILLO (Caregiver)

Alzheimer's Association 80 Wood Rd. Ste. 302
1st & 3rd Fridays 10–11:30 a.m.
Facilitator: Carol Swinney (805) 484–6028

CAMARILLO (Our Friends) (Mid stage Dementia)

Alzheimer's Association
1st & 3rd Tuesdays 10:30 a.m.–Noon
Facilitators: Norma Featherston & Carol Swinney
Call for Information (805)484–6028

CAMARILLO (Caregiver) (January)

Emeritus Senior Living 6000 Santa Rosa Rd
4th Thursday 5:30–7 p.m.
Facilitator: Norma Featherston (805) 484–6028

Fillmore (Caregivers)

Fillmore Senior Center 533 Santa Clara St.
2nd & 4th Mondays 9–0:30 a.m.
Facilitator: Norma Featherston (805) 524–4533

Ojai (Caregivers)

Help of Ojai (Caregiver) 370 Baldwin Rd. Bld: B–1
1st Wednesday 10:30 a.m.–Noon
Facilitator: Kathy Leary–Wilde (805) 218–9798

Oxnard (Caregiver w/Dementia Partner)

Oxnard Family Circle 2100 Outlet Center Dr. Suite 380
2nd Tuesdays 2–3:30 p.m.
Facilitator: Joy Williams (805) 385–4180

Oxnard (Younger Onset Dementia & Caregivers)

2100 Outlet Center Dr. Suite 330
2nd & 4th Tuesdays 7–8:30 p.m.
Facilitator: Karen Sutton & Norma Featherston
(805) 987–4331

Oxnard (Caregiver)

St Johns Hospital 1600 N. Rose Ave
Conference Rooms 5–6 p.m.
2nd & 4th Tuesdays 6:30–8:00 p.m.
Facilitator: Rosemary Gordon (805) 988–2865

SIMI VALLEY (Caregiver w/Dementia Partner)

Senior Center 3900 Avenida Simi
1st and 3rd Thursday, 10:30 a.m.–Noon
Facilitator: Ellen Smith (805) 494–9900
Free care services provided–Reservation Required

SIMI VALLEY (Caregivers)

Senior Center 3900 Avenida Simi
2nd & 4th Wednesdays, 7–8:30 p.m.
Facilitator: Marti Meister (805) 532–2385
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Thousand Oaks (Adult Children/Caregiver)

University Village OakView 3557 Campus Dr.
1st & 3rd Tuesdays 7–8:30 p.m.
Facilitator: Mary Mendenhall (805) 405–9720

THOUSAND OAKS (Caregiver)

Goebel Senior Adult Center 1385 Janss Road
1st & 3rd Fridays 9:30 a.m.–Noon
Facilitator: Sue Lindemann (805) 498–1988

THOUSAND OAKS (Caregiver w/Dementia Partner)

Senior Concerns 401 Hodencamp Road
2nd & 4th Fridays 9:30–11:30 a.m.
Facilitator: Maureen Symonds & Lori Bliss
(805) 497–0159 **Adult day care services provided.**
Please call prior to the meeting.
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Thousand Oaks (Caregiver)

Belmont Village 3680 N. Moorpark Rd
2nd & 4th Tuesday 7–8:30 p.m.
Facilitator: Carolyn Kopp (805) 492–0601
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VENTURA (Caregivers)

Aegis Living 4964 Telegraph Road
2nd & 4th Wednesdays 10:30–Noon
Facilitator: Anitra Sommer (805) 650–1114

VENTURA ((Caregivers)

Community Memorial Hospital 147 Brent Street
2nd Friday 3–4:30 p.m.
Facilitator: Carolyn Kopp (805) 492–0601
CO–SPONSORED BY COAST CAREGIVER RESOURCE CENTER

VENTURA (Adult Children)

Trinity Lutheran Church 196 N. Ashwood Ave.
1st & 3rd Thursdays 6–7:30 p.m.
Facilitator: Paula Gerde; Ted Stekkinger
(805) 415–4500

Grupos de Apoyo

Para quienes tienen alguien con Alzheimer's o otro tipo de Demencia

St. John's Hospital—Hospital San Juan Regional

(Solamente para los Cuidadores)

1600 N. Rose Ave., Oxnard, CA

Cuarto: Kates Landing #1 (Junto a la cafetería)

Hora: 6:30–8 p.m.

Frecuencia: Cada primer y tercer Martes del Mes

Facilitadora: Rosiemary Flores–Gordon (805) 236–7617

Oxnard Family Circle

(Cuidador con su pareja con demencia puede atender)

2100 Outlet Center Dr. Suite 380, Oxnard, CA

Frecuencia: Cada Cuarto Martes del Mes

Hora: 2:30–3:30 p.m.

Facilitadora: Michelle Ucan (805) 385–4180

Among Friends– Entre Amigos

(Solamente para los Cuidadores)

851 South A Street, Oxnard, Ca

Frecuencia: Cada Tercer Mercoles del Mes

Hora: 5:30–6:30 p.m.

Facilitadora: Elliana Rodriguez (805) 385–7244

Alzheimer's Cafes

A monthly gathering for people affected by Alzheimer's disease and other dementias, along with families, caregivers, and professionals.



Calabasas, Alzheimer's Café

Silverado Assisted Living

25100 Calabasas Rd. Calabasas, CA

Date: 2nd Thursday of the Month **Time:** 6–7:30 p.m.

Simi Valley: Recollections Café

Vintage Assisted

5300 East Los Angeles Avenue Simi Valley, CA

Date: 3rd Thursday of the Month **Time:** 5:30–7 p.m.

Thousand Oaks: Laughs and Latte

Belmont Village Senior Living

3680 N. Moorpark Rd., Thousand Oaks, CA

Date: 2nd Thursday of the Month **Time:** 1:30–3:30 p.m.

Ventura: Yesterday's Café

Cypress Place Senior Living

1200 Cypress Point Lane

Date: 1st Weds of the Month **Time:** 1:30–3:30 p.m.

Ventura: Al'z Café

Ventura Townehouse

4900 Telegraph Rd.

Date: 3rd Weds of the Month **Time:** 1:30–3:30 p.m.

Camarillo Alzheimer's Café

Alma Via of Camarillo

2500 Pondersosa Drive North

Date: 4th Thursday of the Month **Time:** 2–4 p.m.

Ojai: Alzheimer's Café

Coming up soon.

alzheimer's association®

Ventura County Support Groups & Alzheimer's Cafes



Ventura County Regional Office
80 North Wood Road, Suite 302
Camarillo, CA 93010

805.484.6028

(800–272–3900 24–hr)

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