

ALZHEIMER'S R ASSOCIATION

SUPPORT GROUPS VIRTUAL AND IN-PERSON

GREATER RICHMOND CHAPTER

Support groups provide a place for friends and family to share valuable information, caregiving tips and concerns throughout the Alzheimer's journey. For the safety of our constituents, volunteers and staff, many support groups are being held virtually. You must call or email the facilitator prior to the meeting you wish to attend to obtain login information. THANK YOU!

VIRTUAL MEETINGS

TO JOIN A VIRTUAL MEETING, CLICK ON THE ZOOM LINK, JOIN BY PHONE OR CALL 800.272.3900.

3rd Tuesday, 7 p.m. Midlothian - Brandermill Woods Health Care Center Hosted by Merle, Greg, & Erin Join Zoom meeting <u>HERE</u> Join audio Zoom by phone: 833.548.0282 Meeting ID 925 1018 2175 Passcode: 017184

1st Thursday | 6 p.m. East Henrico - Good Shepherd Baptist Church Hosted by Wanda Join by phone ONLY: Call 312.874.7636 Conference ID # 07993

3rd Thursday | 2 p.m. Frontotemporal Degeneration (FTD) Caregiver Support Group Call 800.272.3900 to register and receive login info Hosted by Dee IN-PERSON SUPPORT GROUPS TO REGISTER FOR AN IN-PERSON SUPPORT GROUP, CALL 800.272.3900.

GROUPS FOR CAREGIVERS

1st Mondays I 10 a.m. Markel Plaza 4600 Cox Road, Glen Allen Hosted by Steve

1st Tuesday | 10:30 a.m. Second Branch Baptist Church 12217 2nd Branch Rd, Chesterfield Hosted by Edith and Sharon

2nd Wednesday | 9:30 a.m. Hanover Adult Day Center 7231 Stonewall Pkwy, Mechanicsville Hosted by Barbara

2nd Wednesday | 10 a.m. New Life United Methodist Church 900 Old Hundred Rd, Midlothian Hosted by Bob and Leigh

IN-PERSON SUPPORT GROUPS TO REGISTER FOR AN IN-PERSON SUPPORT GROUP, CALL 800.272.3900.

2nd Thursday | 1 p.m.

Three Chopt Church of Christ 9500 Three Chopt Rd., Richmond Hosted by Dick and Angie

3rd Monday | 7 p.m.

Mechanicsville - Shady Grove United Methodist Church 8209 Shady Grove Rd. Mechanicsville, VA 23111 Hosted by Dave & Beth

First Wednesday | 10-11 a.m.

Starts: September 4, 2024

First Baptist Church Hopewell 401 N. 2nd Street Hopewell, VA Facilitator: Melanie

3rd Thursday | 6:30 p.m.

Near West End -Reveille United Methodist Church, Hosted by Alice & Beth 4200 Cary Street Rd, Richmond, VA 23221

3rd Thursday | 6:30 p.m.

Central Library 7051 Lucy Corr Blvd, Chesterfield Hosted by Edith and Sharon

4th Thursday | 11 a.m.

River Road United Methodist Church 8800 River Road, Richmond Hosted by Ann & Bess

The Other Additional Dementias (TOAD)

Caregiver Support Group Meetings held Mar 7, May 2, Sept 5, Nov 7. No meeting in July. VCU Short Pump Pavilion 2nd Floor Conference Room 11958 West Broad Street, Henrico Call the Richmond Chapter at 804.967.2580 for more details.

GROUPS FOR CAREGIVERS AND THOSE WITH ALZHEIMERS OR DEMENTIA

2nd Tuesdays | 10 - 11:30 a.m.

- <u>Huguenot Road Baptist Church</u> Meetings in January, May and September
- <u>Chesterfield Baptist Church</u> Meetings in February, June and October
- Bensley Community Building
 Meetings in March, July and November
- <u>Stonebridge Recreation Center</u> Meetings in April, August and December

Memory Café

3rd Thursdays | 10:30 a.m. - Noon For Persons with Memory Concerns & Caregivers VCU Health Hub at 25th 1330 N. 25th St., Suite A Richmond, VA Call 800.272.3900 to register.

Joyful Voices

Each Thursday | 10 to 11:30 a.m. Salisbury Presbyterian Church 13621 W Salisbury Rd. Midlothian, VA Call: 804.794.5311. Ext. 128

Email: JoyfulVoicesSherman@gmail.com

2nd Friday | 1 p.m.

A virtual group for those living with dementia.

Hosted by: Karen Please call 800.272.3900 to be screened, registered and receive log-in instructions.