



SUPPORT GROUPS

GREATER RICHMOND CHAPTER

FREDERICKSBURG AND
MIDDLE PENINSULA
NORTHERN NECK

Support groups provide a place for friends and family to share valuable information, caregiving tips and concerns throughout the Alzheimer's journey. Registration is **recommended** for support groups. Please call our 24/7 Helpline at 800.272.3900 to register.

FREDERICKSBURG

3rd Tuesday | 1:30 p.m.

Howell Library
806 Lyons Blvd, Fredericksburg
Hosted by Melite and Lori

3rd Tuesday | 5:30 p.m.

Christ Lutheran Church
1300 Augustine Ave., Fredericksburg
Hosted by Judy

4th Tuesday | 11 a.m.

Caregiver Support Group
Christ Lutheran Church
1300 Augustine Ave., Fredericksburg
Hosted by Judy

4th Tuesday | 6-7:15 p.m.

Porter Branch Library
2001 Parkway Blvd, Stafford, VA 22554
Hosted by Amanda and Mason

1st Wednesday | 5 p.m.

Cooper Library
20 Washington Ave, Colonial Beach
Hosted by Julie

**Picturing New Connections
Early Stage Engagement for Persons Living with
Dementia & Caregivers**

Gari Melchers Home and Studio
224 Washington Street
Falmouth, VA 22405

Dates vary, so please click [HERE](#) or
call the studio at 540.654.1015.

Memory Café | 10:30 a.m.-Noon

**For Persons with Memory Concerns and
Caregivers**

Dates TBD - Please call 804.967.2580

Salem Church Branch Library
2607 Salem Church Road
Fredericksburg, VA 22407

Memory Café | 10:30 a.m.-Noon

**For Persons with Memory Concerns and
Caregivers**

Meets Quarterly - Dates TBD

Please call 804.967.2580

Fredericksburg Branch Library
1201 Caroline St,
Fredericksburg, VA 22401

MIDDLE PENINSULA NORTHERN NECK (MPNN)

1st Monday | 4:30 p.m.

Rappahannock Westminster-Canterbury
132 Lancaster Dr.
Irvington, VA
Hosted by Mary Arthur

FOR PERSONS LIVING WITH DEMENTIA AND CAREGIVERS

1st Tuesday | 11 a.m.-Noon

Bay Aging Active Lifestyle Center, Gloucester
6650 Main St, Gloucester, VA 23061

Hosted by: Mary, Samantha, and Taylor

3rd Tuesday | 10:30 a.m.

Daffodil Gardens I - Community Room
5954 Garden Grove Ln
Gloucester, VA 23061
Hosted by Ted