



dementia caregiving in Colorado

DATA FROM THE 2022 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

More than 1 in 5 caregivers in Colorado (22.3%) is providing care to an individual with Alzheimer's or other form of dementia.

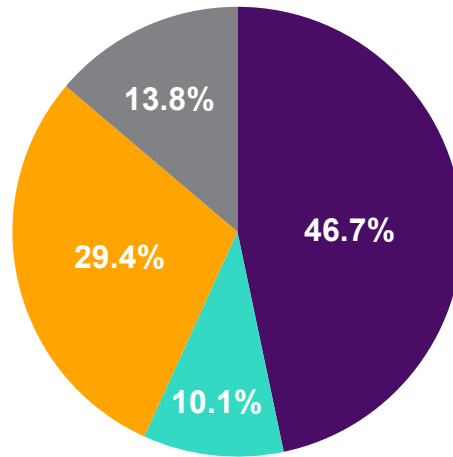
Who are dementia caregivers?

Female	67.7%
Male	32.3%
Also caring for a child	34.8%

Health Effects

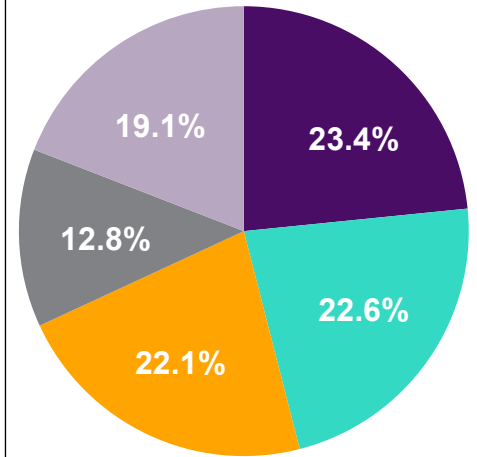
In frequent poor physical health	15.5%
In frequent poor mental health	17.2%
History of depression	27.7%
Feels socially isolated	36.7%

Relationship to Care Recipient



■ Child/Child-in-Law ■ Partner/Spouse
■ Other Relative ■ Non-Relative

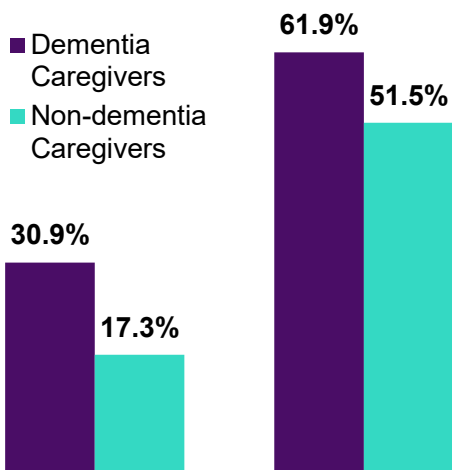
Age



■ 65+ ■ 55-64 ■ 45-54
■ 35-44 ■ Under 35

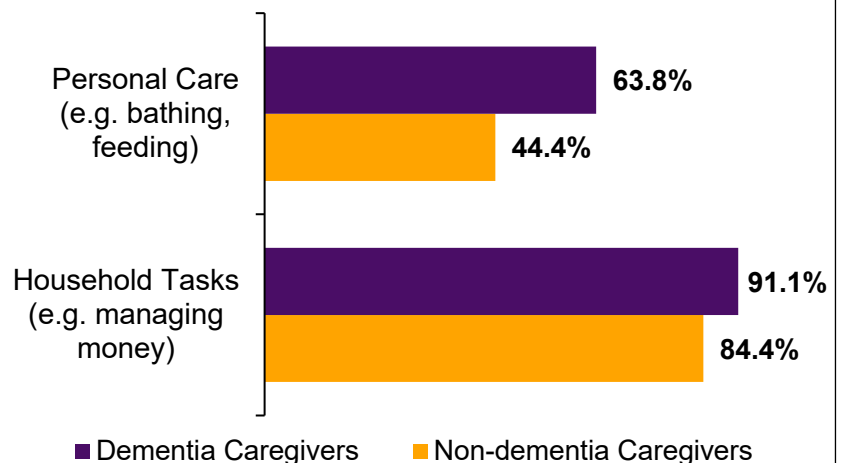
What does dementia caregiving entail?

Length of Care



Providing 40 or more Hours of Care/Week
Providing Care for 2 or more Years

Type of Assistance Provided



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