



# dementia caregiving in North Carolina

DATA FROM THE 2021 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

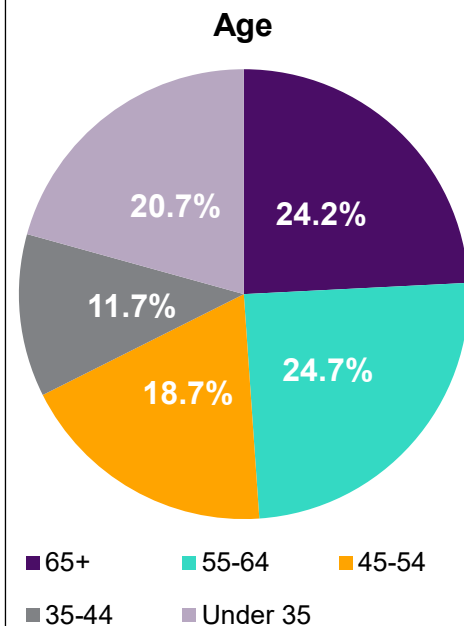
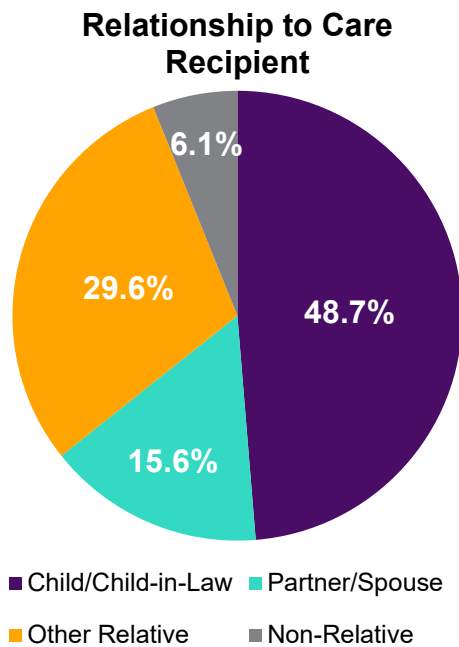
More than 1 in 4 caregivers in North Carolina (25.4%) is providing care to an individual with Alzheimer's or other form of dementia.

## Who are dementia caregivers?

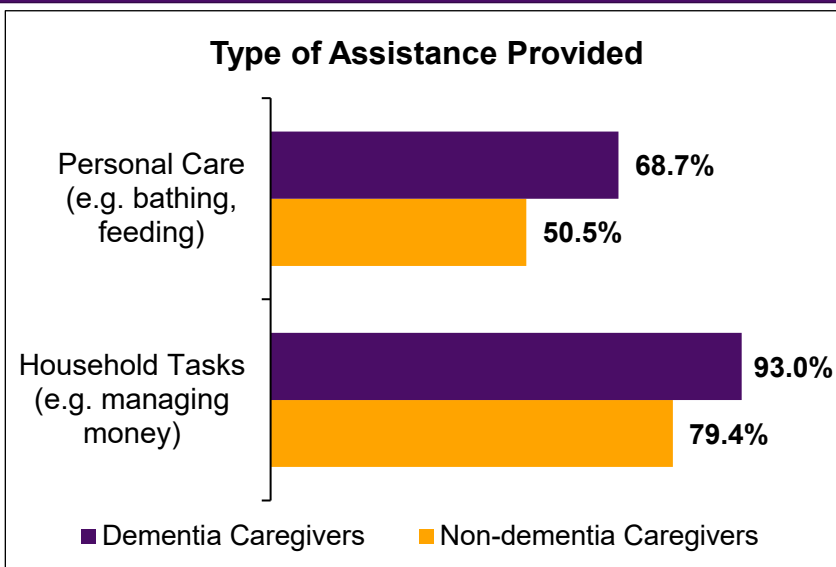
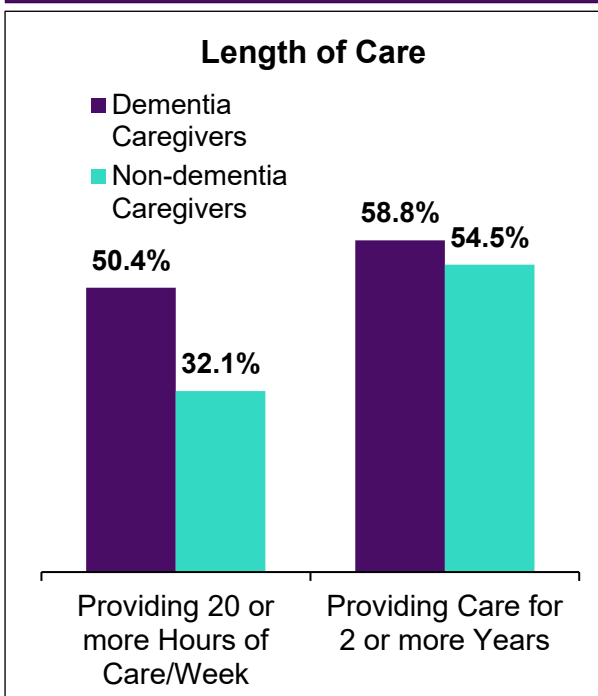
Female	55.0%
Male	45.0%
Urban	91.5%
Rural	8.5%
Also caring for a child	27.7%

### Health Effects

In frequent poor physical health	18.1%
In frequent poor mental health	21.1%
History of depression	41.0%



## What does dementia caregiving entail?



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