

Virtual Alzheimer's Education Series

January - March 2025



Wisconsin Chapter

To register: click on the title of program or call our 24/7 Helpline at 800.272.3900



**Join us for our free monthly Virtual Education Series.
Recordings will be emailed to all registered participants.**

Thursday, January 16, 12 - 1 PM **Advancing the Science: The Latest in Alzheimer's and Dementia Research**

Alzheimer's Association Education Program

Alzheimer's disease is an escalating health crisis, yet significant progress in Alzheimer's research has led to advancements in diagnosing, treating and preventing dementia. Join us to learn about the latest in Alzheimer's research and treatments and how we're leading the way to find a cure.

Wednesday, January 8, 2 - 3 PM **StrongBodies: Lifting People to Better Health**

April Anderson: UW-Madison Health & Well-Being Instructor

Do you want to increase your balance, flexibility, and muscle strength? If so, please join us to learn all about the StrongBodies strength training program. April will provide a live demonstration of the exercises, and you will have the opportunity to participate right along with her! Grab some light weights or even soup cans if you'd like to join in the fun!

Tuesday, February 11, 12 - 1 PM **Understanding Alzheimer's & Dementia**

Alzheimer's Association Education Program

Join us to learn about the impact of Alzheimer's, the difference between Alzheimer's and dementia, what happens in a brain affected by Alzheimer's, Alzheimer's disease stages and risk factors, current research and treatments available to address some symptoms, and Alzheimer's Association resources.

Friday, February 21, 10 - 11 AM **Hospice and Palliative Care for Those Living with Dementia**

Deanna Rymaszewski: Clinical Educator & Social Worker at Agrace
This session will explore how hospice and palliative care support the unique needs of people with dementia, focusing on comfort, dignity, and quality of life. Topics include symptom management, caregiver support, and the Medicare hospice benefit. Ideal for healthcare professionals, families, and caregivers.

Tuesday, March 18, 6 - 7 PM **Ten Warning Signs of Alzheimer's**

Alzheimer's Association Education Program

Join us to learn about common signs of Alzheimer's and dementia, typical age-related changes, how to approach someone about memory concerns, early detection and benefits of diagnosis, and Alzheimer's Association resources.

Tuesday, March 4, 10 - 11 AM **Balancing Risk & Independence In Dementia Care**

Sheri Fairman: Owner of Dementia Care Solutions

When should they stop driving? How do I keep them from leaving home unexpectedly? When do I need to look for a long term care community? These questions and more are explored as we talk about maintaining independence and evaluating risk in the day to day for people living with dementia.

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