



# dementia caregiving in Utah

DATA FROM THE 2022 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

More than 1 in 5 caregivers in Utah (21.8%) is providing care to an individual with Alzheimer's or other form of dementia.

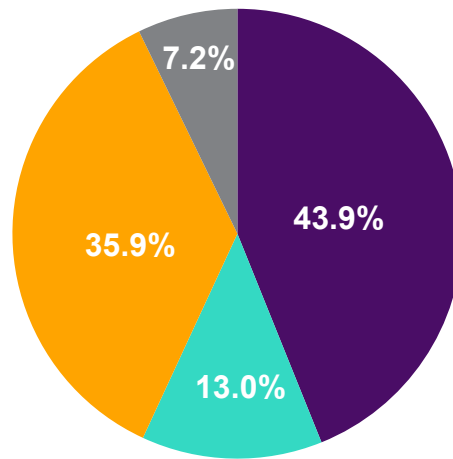
## Who are dementia caregivers?

Female	61.7%
Male	38.3%
Also caring for a child	25.5%

### Health Effects

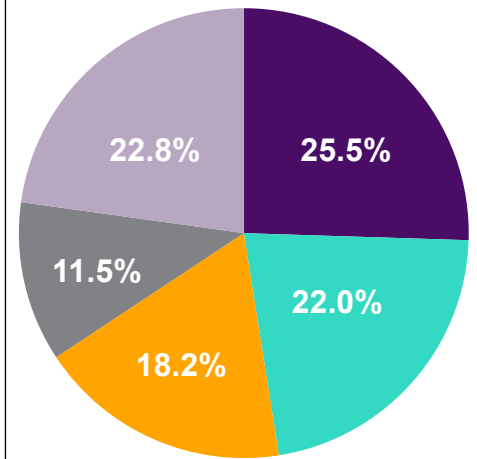
In frequent poor physical health	14.9%
In frequent poor mental health	21.0%
History of depression	34.6%
Feels socially isolated	36.5%

### Relationship to Care Recipient



■ Child/Child-in-Law 
 ■ Partner/Spouse  
■ Other Relative 
 ■ Non-Relative

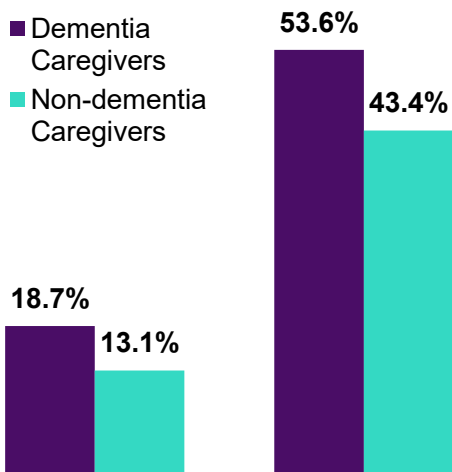
### Age



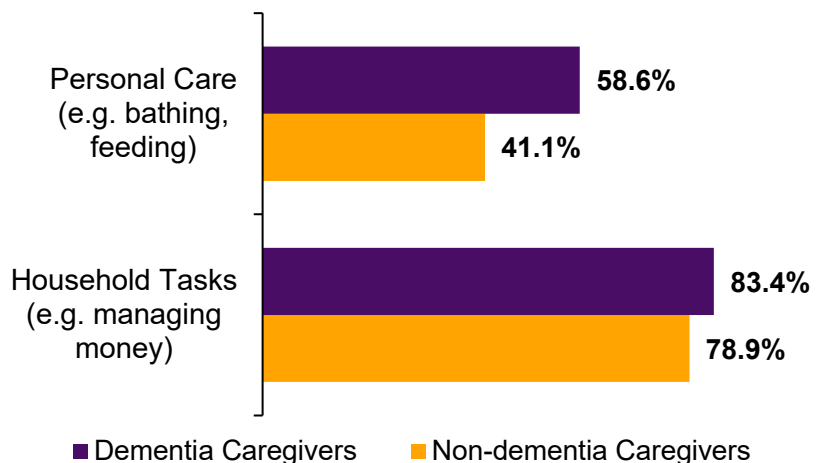
■ 65+ 
 ■ 55-64 
 ■ 45-54  
■ 35-44 
 ■ Under 35

## What does dementia caregiving entail?

### Length of Care



### Type of Assistance Provided



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