



# dementia caregiving in New Hampshire

DATA FROM THE 2022 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

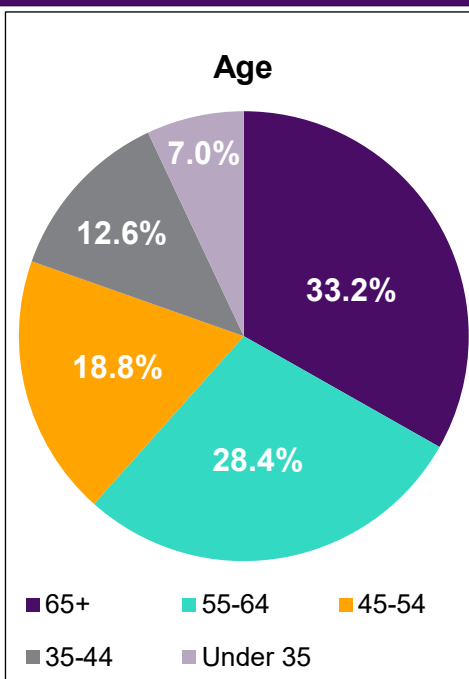
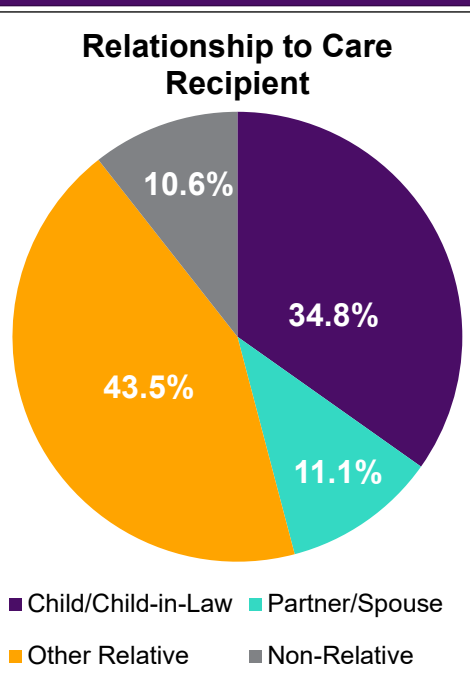
More than 1 in 5 caregivers in New Hampshire (22.4%) is providing care to an individual with Alzheimer's or other form of dementia.

## Who are dementia caregivers?

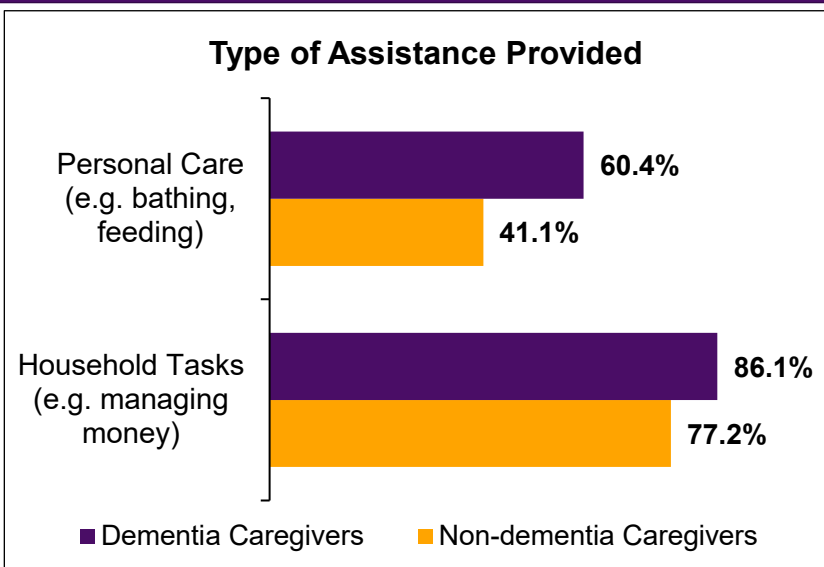
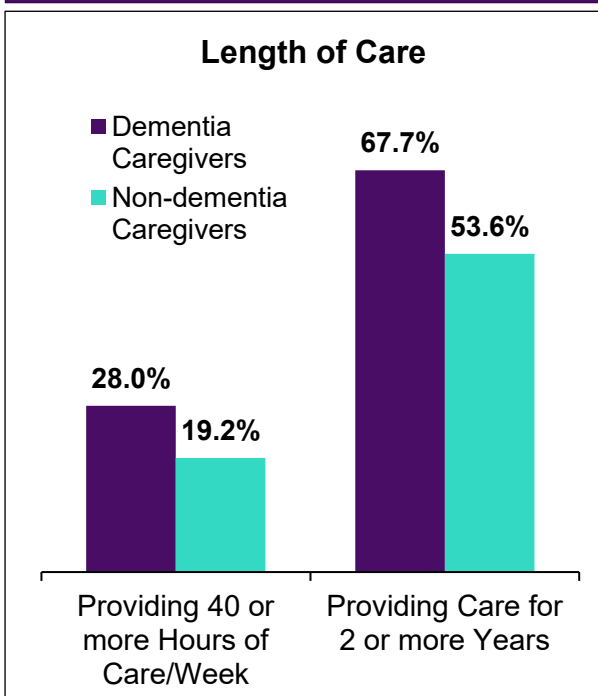
Female	65.3%
Male	34.7%
Also caring for a child	15.9%

### Health Effects

In frequent poor physical health	14.7%
In frequent poor mental health	21.7%
History of depression	28.4%
Feels socially isolated	39.9%



## What does dementia caregiving entail?



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