## **FACTSHEET**

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### Alzheimer's and Multiple Chronic Conditions

# Seniors with Alzheimer's and other dementias are more likely than other seniors to have multiple chronic conditions.

- More than 95% of people with Alzheimer's and other dementias have one or more other chronic conditions.
- Cardiovascular diseases are common chronic conditions among people with Alzheimer's:
  - 56% of people with Alzheimer's and other dementias have hypertension
  - o 46% have heart disease
  - o 37% have diabetes
  - 13% have had a stroke.
- A person with Alzheimer's or another dementia is more than 3.8 times as likely to have six or more other chronic conditions as someone without Alzheimer's or another dementia.

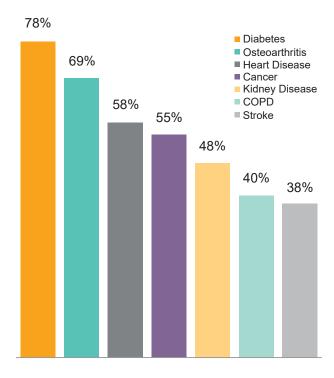
## Alzheimer's disease complicates the management of these other conditions — and as a consequence, increases costs.

- A senior with diabetes and Alzheimer's costs Medicare 78% more than a senior who has diabetes but not Alzheimer's.
- Similarly, a senior who has heart disease and Alzheimer's costs Medicare 58% more than a senior with only heart disease.

### Percentage of People with Alzheimer's or Another Dementia Who Also Have . . .

Hypertension	56%
Heart Disease	46%
Chronic Kidney Disease	46%
Diabetes	37%
Congestive Heart Failure	34%
COPD	20%
Stroke	13%
Cancer	10%

#### **Higher Medicare Costs Due to Alzheimer's**



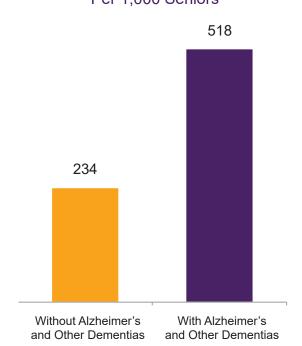
# Complications managing other chronic conditions also increase the likelihood of hospitalizations — the most expensive part of the health care system.

- Seniors with Alzheimer's and other dementias
  have twice as many hospital stays each year as
  those without Alzheimer's and other dementias.
  Overall, 32% of Medicare beneficiaries with
  Alzheimer's or other dementias have at least one
  hospitalization annually compared with 15% of
  beneficiaries without dementia.
- Nearly one-quarter of all individuals diagnosed with Alzheimer's and other dementias had at least one preventable hospitalization. One study estimated that preventable hospitalizations and unnecessary hospital readmissions among people with dementia cost Medicare \$4.7 billion in 2013.
- In total, average per person spending on inpatient hospital care is 2.7 times greater for seniors with Alzheimer's and other dementias than for all other seniors.

# Because of multiple chronic conditions, people with Alzheimer's are costly to the health care system, even though there is no treatment or cure.

- Average per-person Medicare spending on seniors with Alzheimer's and other dementias is 2.8 times higher than for seniors without Alzheimer's and other dementias.
- More than 1 in every 6 Medicare dollars is spent on people with Alzheimer's or other dementias.
- In 2022, Medicare will spend an estimated \$146 billion caring for people with Alzheimer's.

### Annual Number of Hospital Stays Per 1,000 Seniors



#### Average Annual Per-Person Medicare Spending

By Number of Other Chronic Conditions

