

# dementia caregiving in Puerto Rico

DATA FROM THE 2021 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

More than 1 in 4 caregivers in Puerto Rico (27.8%) is providing care to an individual with Alzheimer's or other form of dementia.

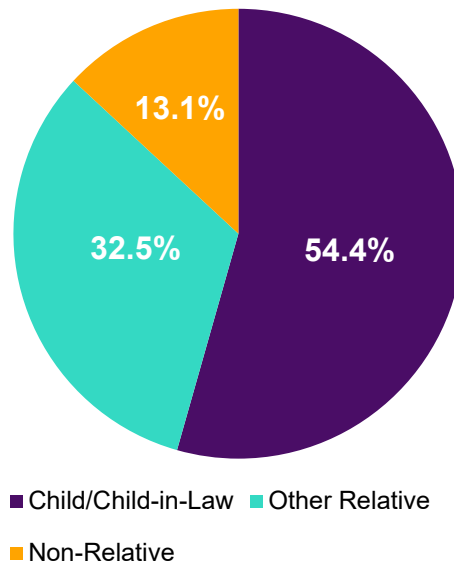
## Who are dementia caregivers?

Female	62.8%
Male	37.2%
Urban	n/a
Rural	n/a
Also caring for a child	23.4%

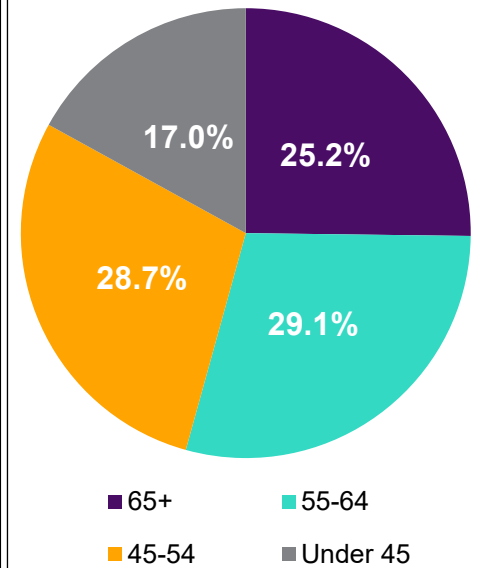
### Health Effects

In frequent poor physical health	17.6%
In frequent poor mental health	13.0%
History of depression	15.9%

### Relationship to Care Recipient



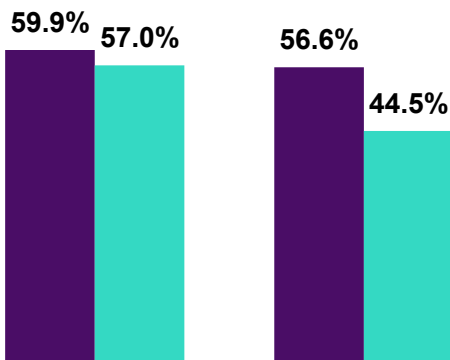
### Age



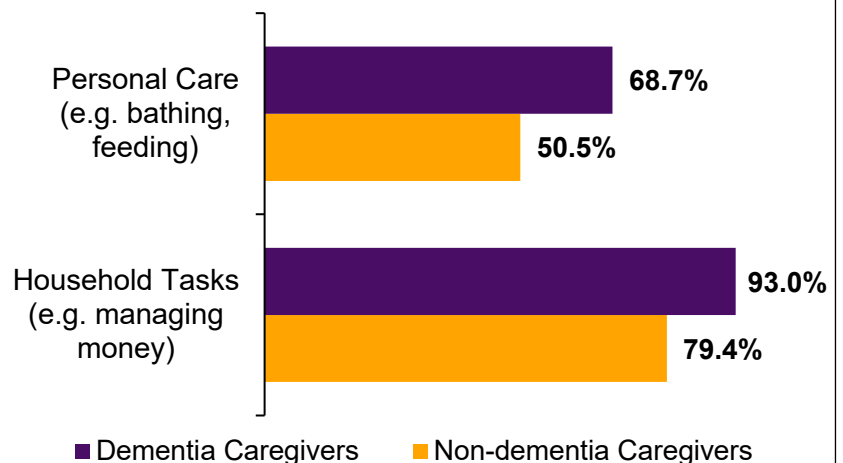
## What does dementia caregiving entail?

### Length of Care

■ Dementia Caregivers  
■ Non-dementia Caregivers



### Type of Assistance Provided



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