

ESSENTIALZ — ALZHEIMER'S ASSOCIATION TRAINING AND CERTIFICATION PROGRAM CONTENT

essentiALZ® — Alzheimer's Association Training and Certification educates professional care workers on how to apply current evidence-based, person-centered care practices when caring for individuals living with dementia. The self-paced online curriculum features videos and interactive activities and includes access to the essentiALZ Certification Exam (valid for two years).

Find out what professional care providers can expect to learn in this comprehensive training program.

Module 1: Basics of Alzheimer's and Dementia

- » The differences between typical aging, mild cognitive impairment, dementia and Alzheimer's disease.
- » Who is affected by Alzheimer's disease.
- » How Alzheimer's disease causes changes in the brain.
- » The average life expectancy for a person living with Alzheimer's.
- » The three stages of Alzheimer's disease.

Module 2: Person-Centered Care

- » The definition of person-centered dementia care.
- » How the person-centered care approach can help people living with dementia and their care providers.
- » Four ways to provide person-centered care.

Module 3: Assessment and Care Planning

- » Seven areas that comprise a complete assessment.
- » Who is involved in the assessment.
- » When to conduct an assessment.
- » Information that professional care providers can add to the assessment and care plan.

Module 4: Activities of Daily Living

- » Activities of daily living affected by Alzheimer's and other dementias.
- » Three strategies to consider when giving person-centered support for activities of daily living.
- » How to give person-centered care when using the bathroom, bathing, eating and dressing.

Module 5: Communication Changes and Dementia-Related Behavior

- » How Alzheimer's disease may cause changes in a person's communication over time.
- » Ways to clearly communicate with people living with dementia.
- » How some behaviors can be a form of communication for people living with dementia.
- » Factors that can cause dementia-related behaviors.
- » Four steps to understand and respond to dementia-related behaviors.

Module 6: Program Overview

Start today at alz.org/dementiacaretraining.

Claim continuing education credit at no additional cost.

Professionals who complete essentiALZ — Alzheimer's Association Training and Certification are eligible to claim continuing education credit at no additional charge. For disclosure and accreditation information, visit alz.org/essentiALZ-credit.

Accreditation Statement & Designation Statement

Accreditation Statement:

In support of improving patient care, Rush University Medical Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Joint Providership Statement:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Rush University Medical Center and the Alzheimer's Association. Rush University Medical Center is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation Statements

For Nursing:

Rush University Medical Center designates this enduring material for a maximum of 3.00 nursing contact hour(s).

For Psychologists:

Rush University Medical Center designates this enduring material for 3.00 CE credits in psychology.

For Dietitians:

This enduring material has been approved by the Commission on Dietetic Registration for 3.00 CPEUs.

For Social Work:

As a Jointly Accredited Organization, Rush University Medical Center is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved continuing education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course receive 3.00 general continuing education credits.

For physical therapy or occupational therapy:

Rush University Medical Center is an approved provider for physical therapy (216.000378) and occupational therapy (224.000220) by the Illinois Department of Professional Regulation.

Rush University Medical Center designates this enduring material for 3.00 continuing education credits.

essentiALZ — Alzheimer's Association Training and Certification is for individual professional care workers in long-term and community-based care settings and is not intended for group learning.