



dementia caregiving in Maryland

DATA FROM THE 2021 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

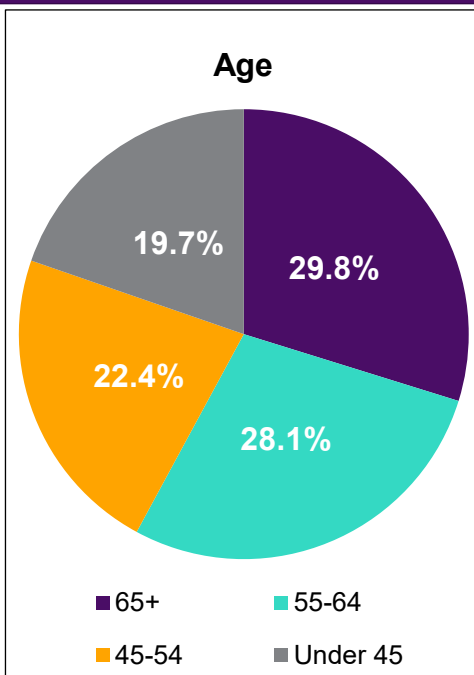
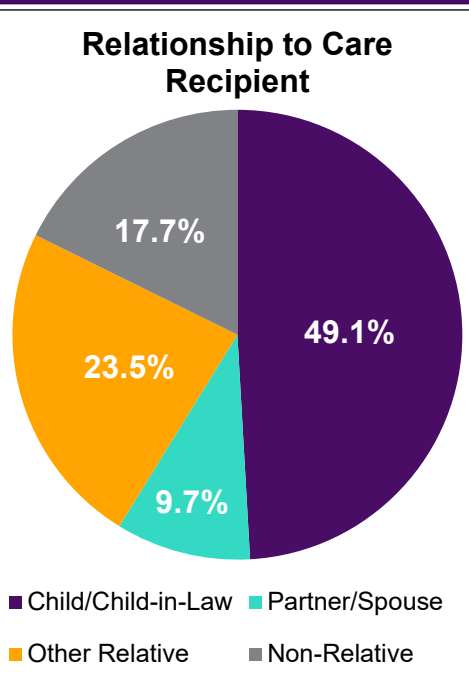
Nearly 1 in 4 caregivers in Maryland (24.7%) is providing care to an individual with Alzheimer's or other form of dementia.

Who are dementia caregivers?

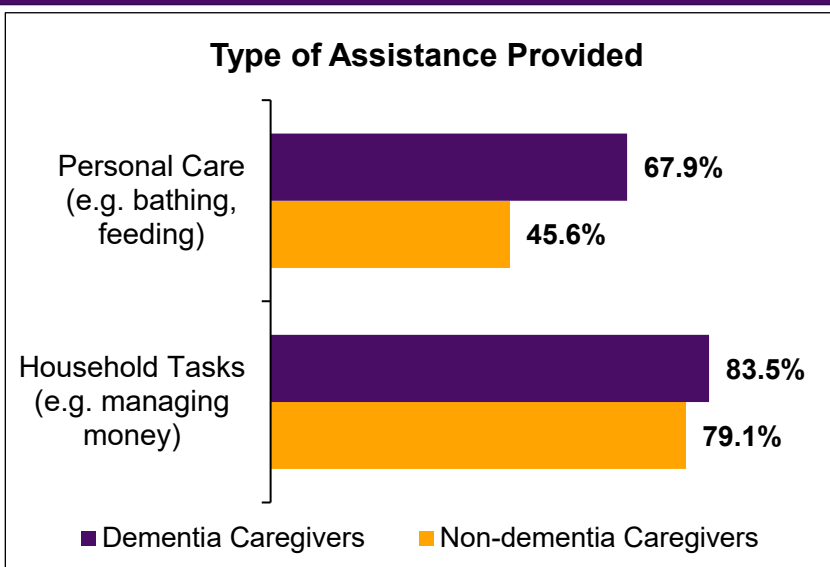
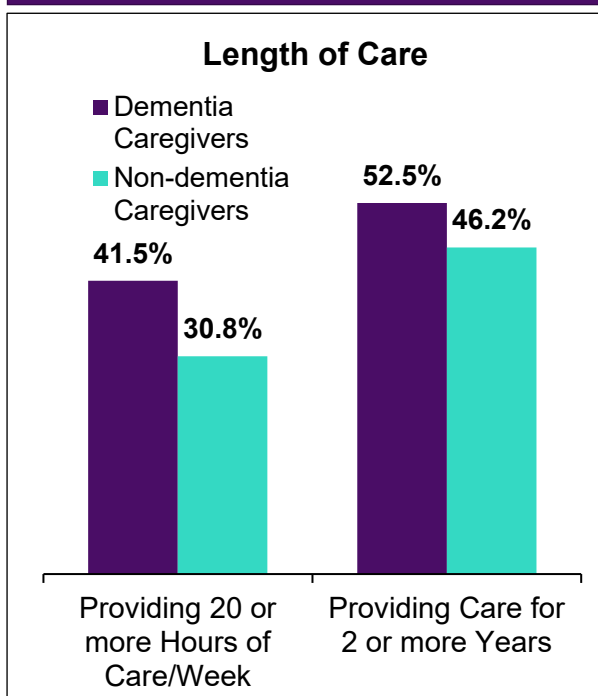
Female	68.1%
Male	31.9%
Urban	98.6%
Rural	1.4%
Also caring for a child	24.7%

Health Effects

In frequent poor physical health	8.4%
In frequent poor mental health	19.6%
History of depression	24.8%



What does dementia caregiving entail?



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