



# dementia caregiving in California

DATA FROM THE 2021 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

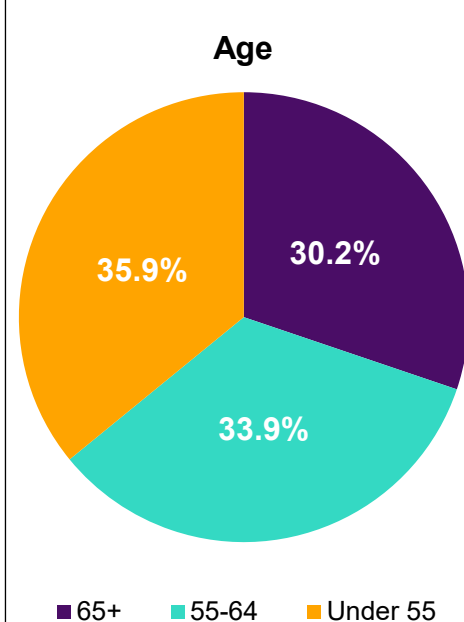
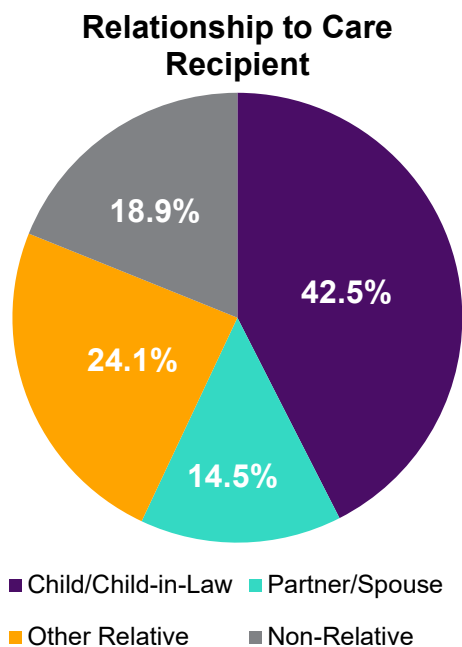
More than 1 in 5 caregivers in California (22.1%) is providing care to an individual with Alzheimer's or other form of dementia.

## Who are dementia caregivers?

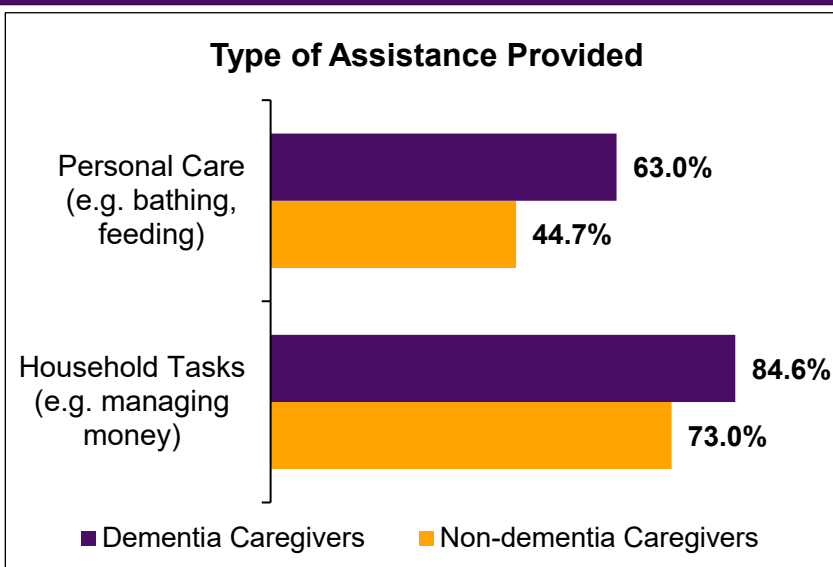
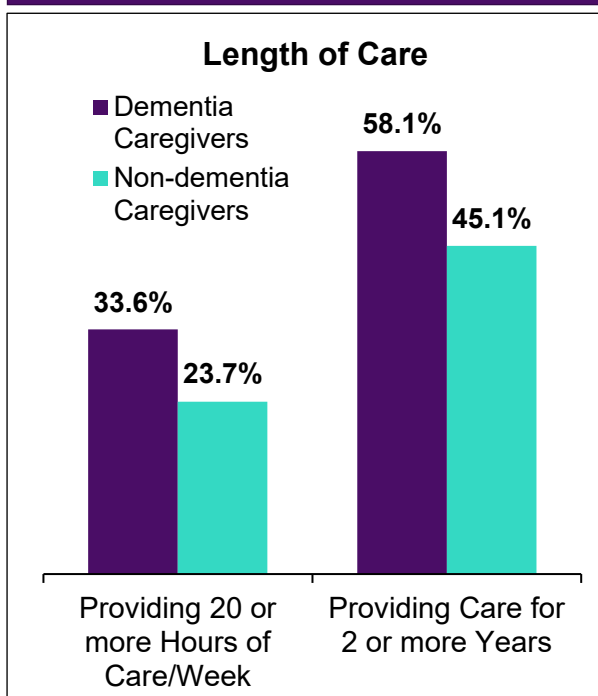
Female	59.5%
Male	40.5%
Urban	100.0%
Rural	0.0%
Also caring for a child	23.9%

### Health Effects

In frequent poor physical health	13.1%
In frequent poor mental health	21.6%
History of depression	18.6%



## What does dementia caregiving entail?



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