



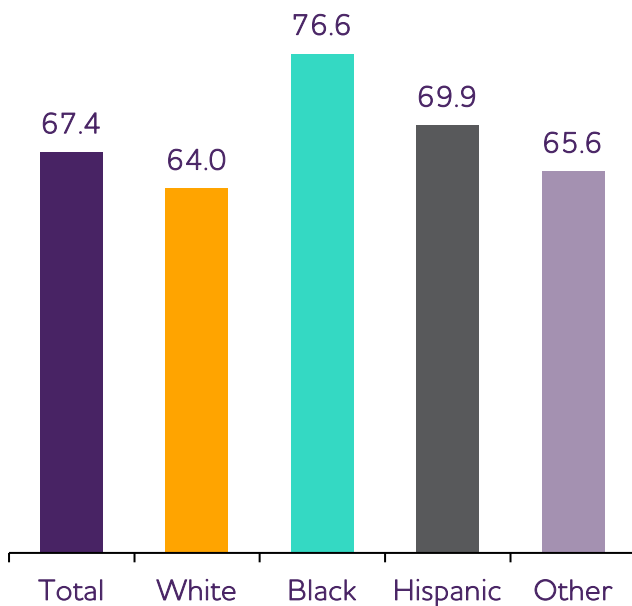
Risk Factors for Cognitive Decline: Florida



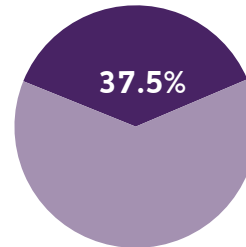
Based on population-level evidence, the six health conditions and behaviors included here increase risk for cognitive decline — and may also increase risk of dementia.

Data are from the Behavioral Risk Factor Surveillance System (BRFSS).

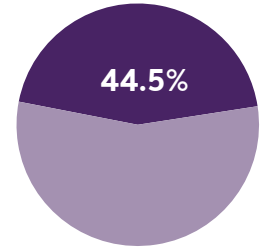
Percent With One of Five Risk Factors (excluding sleep)



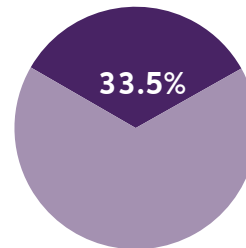
Prevalence of Risk Factors



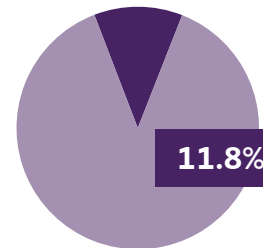
Midlife Hypertension (age 45-64)



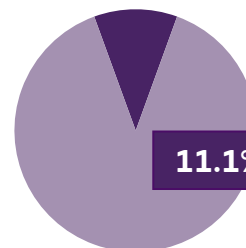
Physical Inactivity



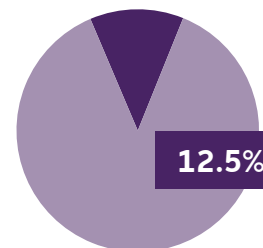
Midlife Obesity (age 45-64)



Diabetes

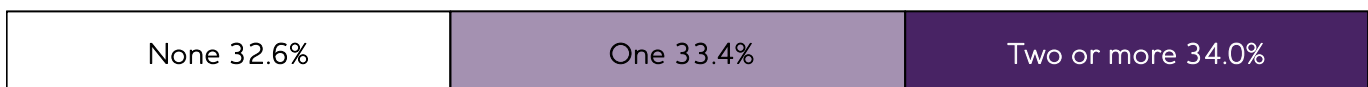


Smoking (age 45 and older)



Poor Sleep (<6 hours/night)

Percent With One or More Risk Factors (excluding sleep)



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