



# dementia caregiving in Illinois

DATA FROM THE 2021 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

Nearly 1 in 5 caregivers in Illinois (19.7%) is providing care to an individual with Alzheimer's or other form of dementia.

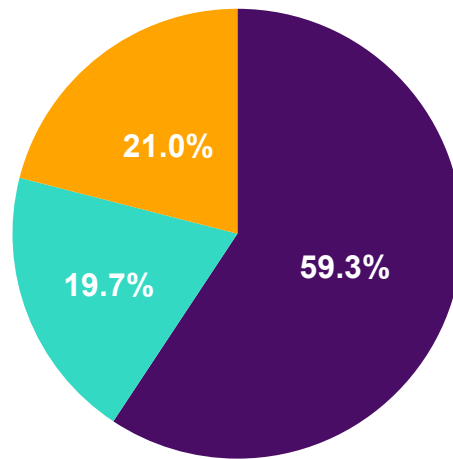
## Who are dementia caregivers?

Female	62.1%
Male	37.9%
Urban	95.8%
Rural	4.2%
Also caring for a child	18.5%

### Health Effects

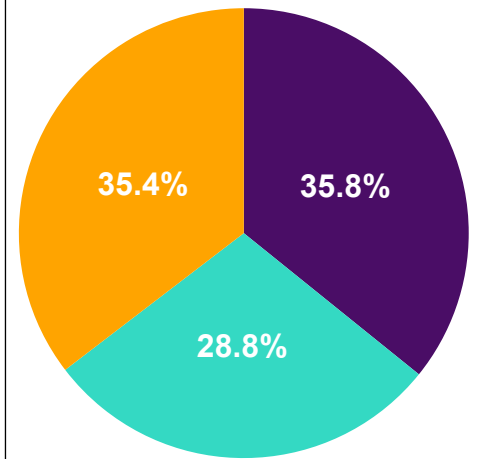
In frequent poor physical health	n/a
In frequent poor mental health	19.3%
History of depression	29.0%

### Relationship to Care Recipient



■ Child/Child-in-Law ■ Other Relative  
■ Non-Relative

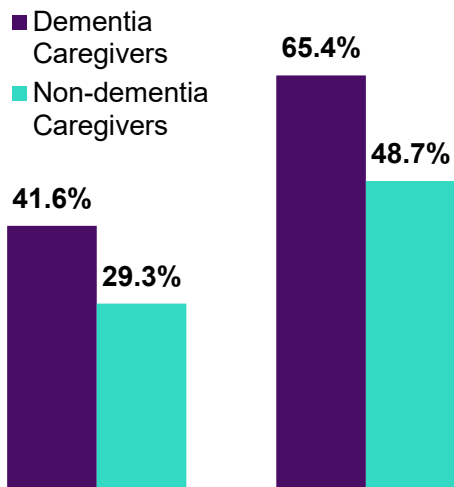
### Age



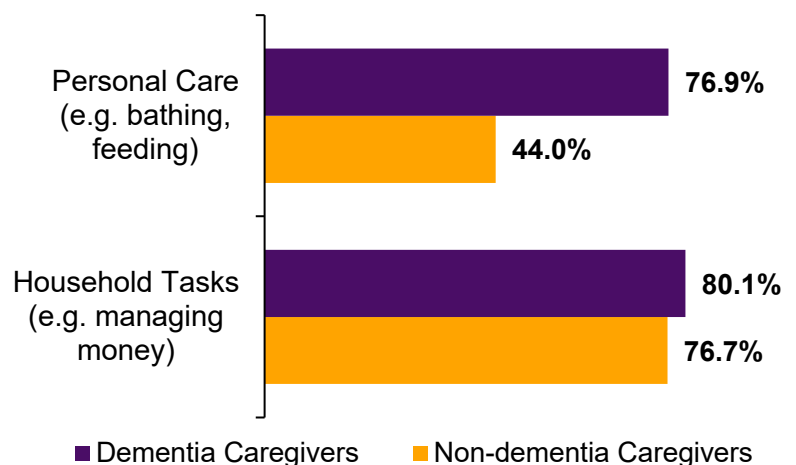
■ 65+ ■ 55-64 ■ Under 55

## What does dementia caregiving entail?

### Length of Care



### Type of Assistance Provided



This Fact Sheet is supported by the Centers for Disease Control and Prevention of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$2,795,933 with 100 percent funded by CDC/HHS. The contents are those of the Alzheimer's Association and do not necessarily represent the official views of, nor an endorsement, by CDC/HHS, or the U.S. Government.