



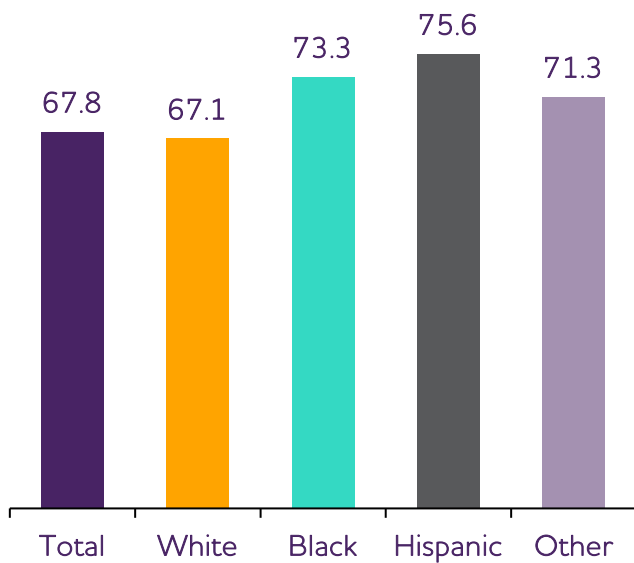
Risk Factors for Cognitive Decline: Iowa



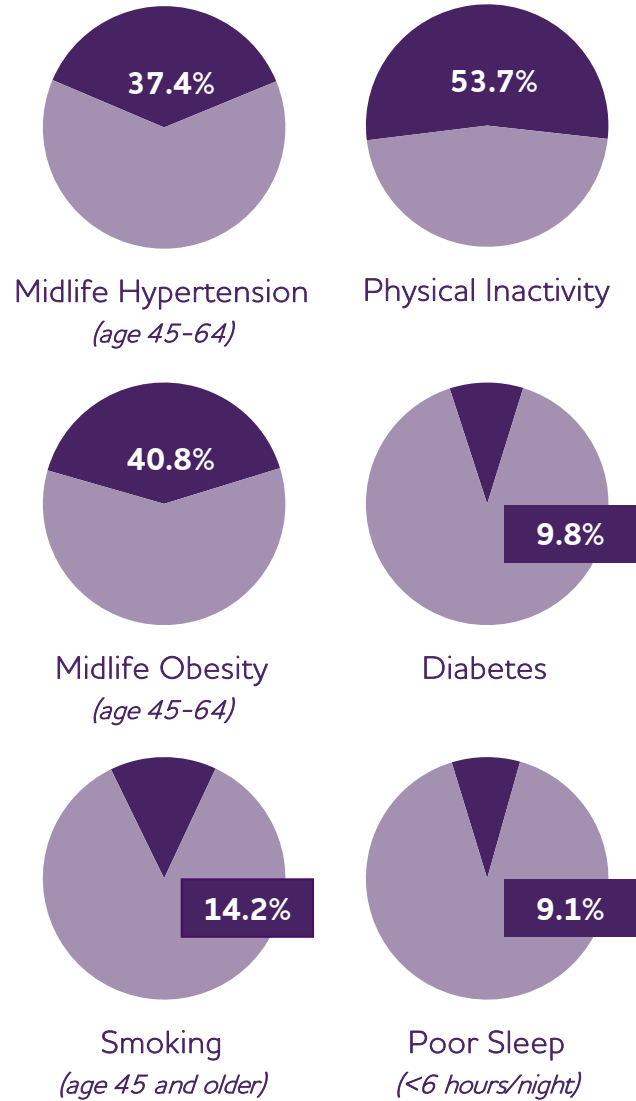
Based on population-level evidence, the six health conditions and behaviors included here increase risk for cognitive decline — and may also increase risk of dementia.

Data are from the Behavioral Risk Factor Surveillance System (BRFSS).

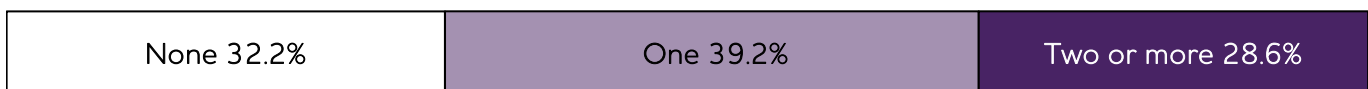
Percent With at Least One of Five Risk Factors (excluding sleep)



Prevalence of Six Risk Factors



Percent With Any of Five Risk Factors (excluding sleep)



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