

Subjective Cognitive Decline

Data from the **2015**
Behavioral Risk Factor
Surveillance System

in Utah

1 in 9 people aged 45 and older are experiencing **Subjective Cognitive Decline**.

SCD is self-reported **MEMORY PROBLEMS** that have been getting worse over the past year.



Only **TWO** in **FIVE** with SCD have talked to a health care provider about it.



Nearly **75%** with SCD have at least one chronic condition.

Among those with **SCD**...



32.2% needed help with household chores.



28.6% had to give up day-to-day activities.

ONE in **FOUR**



say SCD interfered with social activities, work, or volunteering.