

factsheet

MARCH 2013

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Alzheimer's Caregivers in New Hampshire

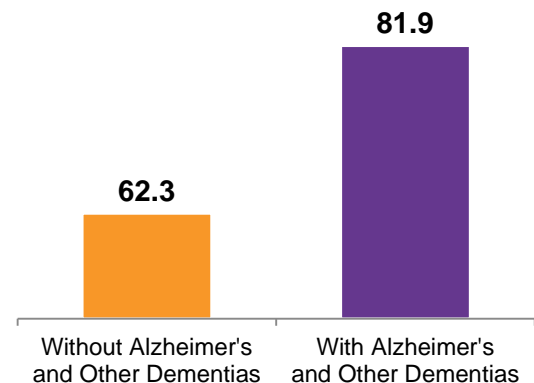
In New Hampshire, 64,000 family and friends provide unpaid care to individuals living with Alzheimer's and other dementias. Of those receiving care:

- 66.1 percent are women.
- The average age is nearly 82 years old, compared with an average age of 62 for care recipients without Alzheimer's disease and other dementias.
- 51.8 percent are aged 85 or older.
- 67.9 percent are a parent or parent-in-law of the caregiver.

Alzheimer's and dementia caregivers provide 73 million hours of unpaid care annually.

- On average, Alzheimer's and dementia caregivers spend 23.7 hours per week providing care.
- 28.5 percent of caregivers provide 20 or more hours of care per week.
- 47.1 percent have been providing care for more than two years.

Average Age of Those Receiving Care



Alzheimer's and dementia caregiving takes a physical and emotional toll on caregivers.

- More than 1 in 8 (13.6 percent) Alzheimer's and dementia caregivers say they only sometimes, rarely or never receive the emotional support they need.
- As a result of the physical and emotional toll of caregiving, Alzheimer's and dementia caregivers had \$44 million in higher health care costs of their own in 2012.

Total Value of Unpaid Care

\$905 Million

Data come from 2013 Alzheimer's Disease Facts and Figures and the Behavioral Risk Factor Surveillance System (BRFSS) Caregiver Module administered in New Hampshire in 2010. The BRFSS is a public health survey conducted each year by all states, in coordination with the Centers for Disease Control and Prevention (CDC). The Caregiver Module is an optional set of 10 questions available for use in all states.