

Data from the **2015**  
Behavioral Risk Factor  
Surveillance System

# Subjective Cognitive Decline

## in Puerto Rico

**1 in 15** people aged 45 and older are experiencing **S**ubjective **C**ognitive **D**ecline.

**SCD** is self-reported **MEMORY PROBLEMS** that have been getting worse over the past year.



**THREE**  
in **FOUR**

with SCD have talked to a health care provider about it.



**Over 80%** with SCD have at least one chronic condition.

Among those with **SCD**...



**64.8%** needed help with household chores.



**74.7%**

had to give up day-to-day activities.

**THREE** in **FIVE**



say SCD interfered with social activities, work, or volunteering.

alzheimer's association



for more information:

[www.alz.org/publichealth](http://www.alz.org/publichealth)

[www.cdc.gov/aging](http://www.cdc.gov/aging)