

# Subjective Cognitive Decline

Data from the **2015**  
Behavioral Risk Factor  
Surveillance System

## in Illinois

**1 in 10** people aged 45 and older are experiencing **Subjective Cognitive Decline**.

**SCD** is self-reported **MEMORY PROBLEMS** that have been getting worse over the past year.



Only **HALF** with SCD have talked to a health care provider about it.



**Over 80%** with SCD have at least one chronic condition.

Among those with **SCD...**



**35.2%**

needed help with household chores.



**43.2%**

had to give up day-to-day activities.

**ONE in THREE**



say SCD interfered with social activities, work, or volunteering.