

IN-PERSON EDUCATION PROGRAMS

Presented by the Alzheimer's Association®



January, 2025

REGISTER: [ALZ.ORG/CRF](https://alz.org/crf)
24/7 HELPLINE: 800.272.3900

Available throughout San Luis Obispo, Ventura & Santa Barbara Counties. Pre-registration is encouraged.

10 Warning Signs of Dementia

Mon., Jan. 6
11:00am-12:00pm
Harry's House
N. Refugio Rd.
Santa Ynez

Entender la Enfermedad de Alzheimer y la Demencia

Tues., Jan. 14
10:00-11:00am
St. John's Regional Medical Center
1600 North Rose Ave.,
Oxnard, CA

10 Warning Signs of Dementia

Tues., Jan. 14
1:00pm-2:30pm
Judson Terrace
3000 Augusta St.
San Luis Obispo, CA

Dementia Research Updates

Wed., Jan. 22
10:00-11:30am
St. Barnabas Episcopal Church
301 Trinity Ave.
Arroyo Grande, CA

Caregiver Retreat

Sat., Jan. 11
10:00am-2:00pm
CAPSLO Adult Day Center & St. James Church
1335 Oak St.,
Paso Robles, CA
"Piecing Together Respite Care That Works"
MUST RSVP by Jan. 6 at:
bit.ly/slo_retreat or
805-239-5679
NO cost

Community Events: January, 2025:

Senior Fair: Casa del Rio

Fri., January 10
10:00am-3:00pm
Casa del Rio Mobile Estates
1124 N. Suey Rd.
Santa Maria, CA

Morro Bay Wellness Faire

Sat., January 25
9:00am-12:00pm

SEEKING VOLUNTEERS!

Join our volunteer orientation to learn more about available positions in your area.

Go to: <https://volunteer.alz.org/>

Or call your local office for more info!

Alzheimer's Association 24/7

Helpline: 800.272.3900

Call for free, around-the-clock help & the latest information.

Llame para obtener ayuda y informacion en

 **ALZHEIMER'S®
ASSOCIATION**

**California Central
Coast Chapter**