



dementia caregiving in North Dakota

DATA FROM THE 2021 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

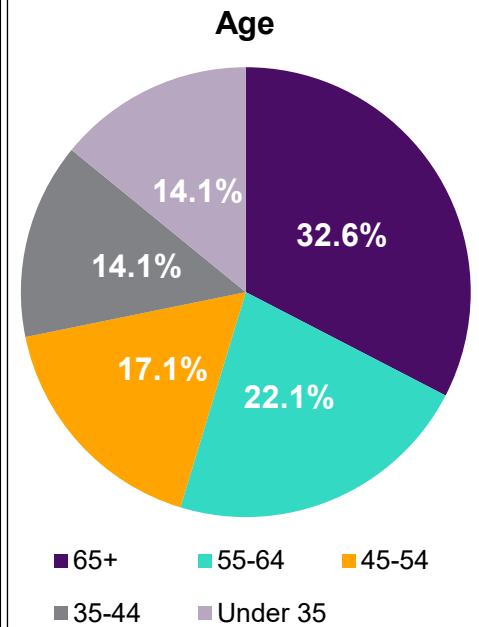
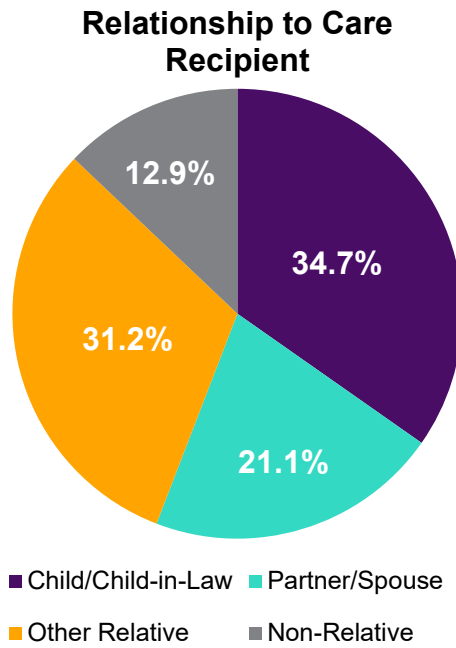
Nearly 1 in 5 caregivers in North Dakota (19.9%) is providing care to an individual with Alzheimer's or other form of dementia.

Who are dementia caregivers?

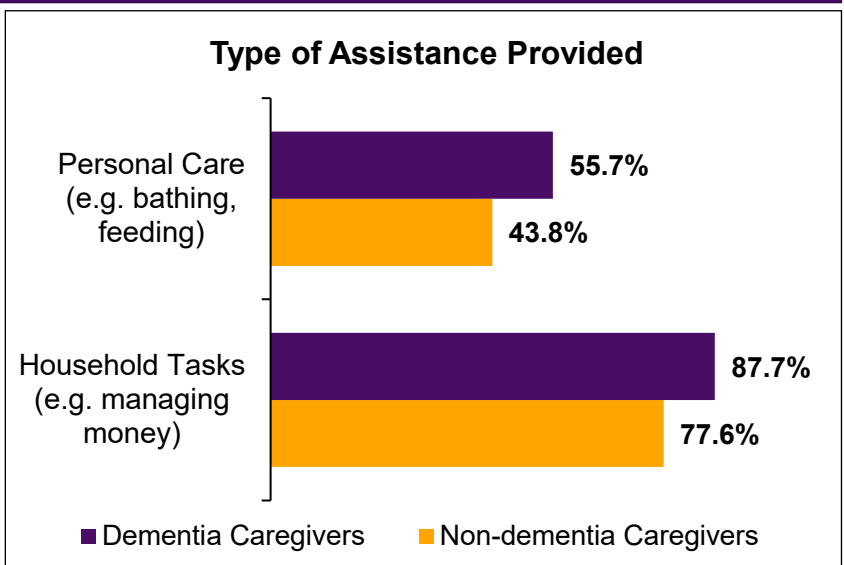
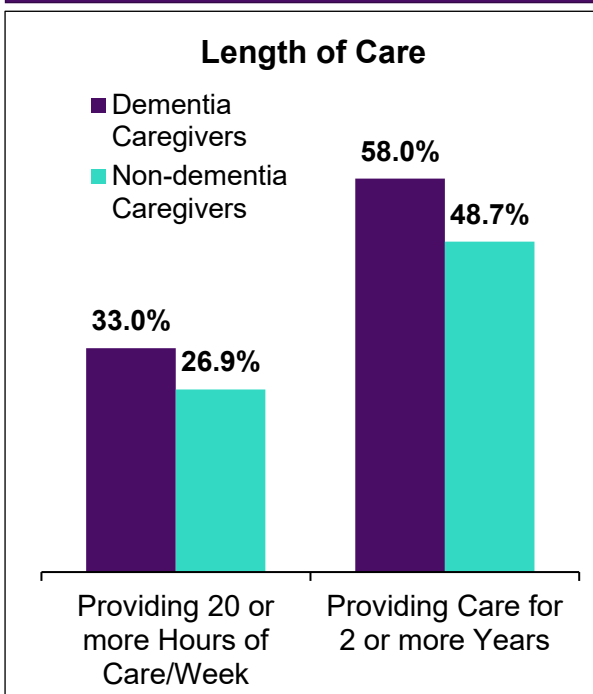
Female	66.9%
Male	33.1%
Urban	72.5%
Rural	27.5%
Also caring for a child	22.5%

Health Effects

In frequent poor physical health	8.6%
In frequent poor mental health	15.8%
History of depression	30.4%



What does dementia caregiving entail?



This Fact Sheet is supported by the Centers for Disease Control and Prevention of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$2,795,933 with 100 percent funded by CDC/HHS. The contents are those of the Alzheimer's Association and do not necessarily represent the official views of, nor an endorsement, by CDC/HHS, or the U.S. Government.