



dementia caregiving in Alaska

DATA FROM THE 2021 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

More than 1 in 5 caregivers in Alaska (20.5%) is providing care to an individual with Alzheimer's or other form of dementia.

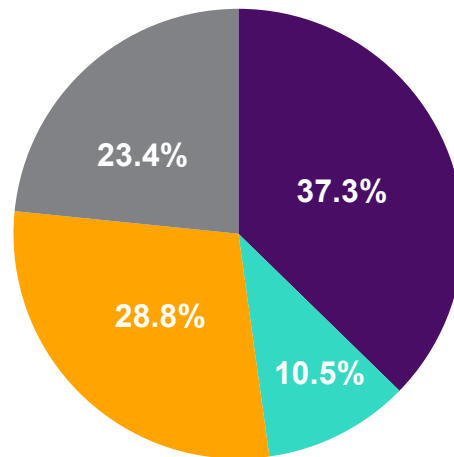
Who are dementia caregivers?

Female	57.0%
Male	43.0%
Urban	73.1%
Rural	26.9%
Also caring for a child	36.3%

Health Effects

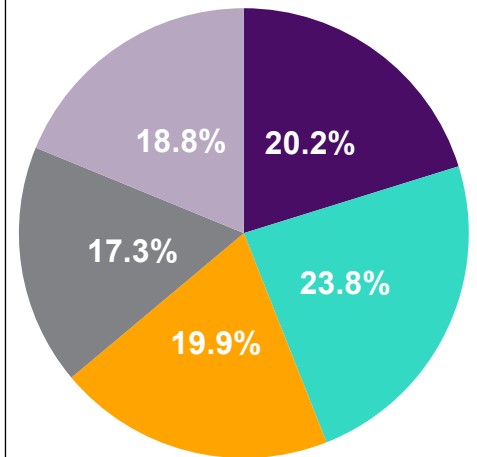
In frequent poor physical health	15.2%
In frequent poor mental health	14.5%
History of depression	27.7%

Relationship to Care Recipient



Child/Child-in-Law Partner/Spouse
Other Relative Non-Relative

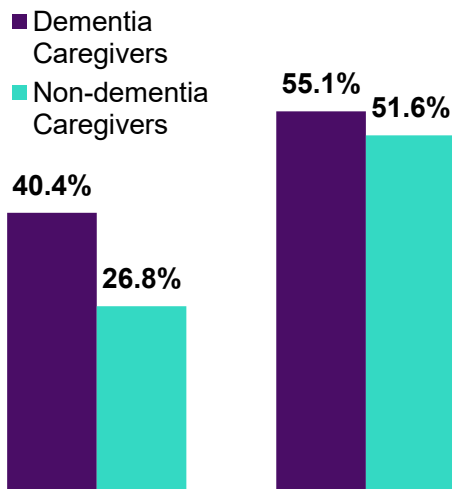
Age



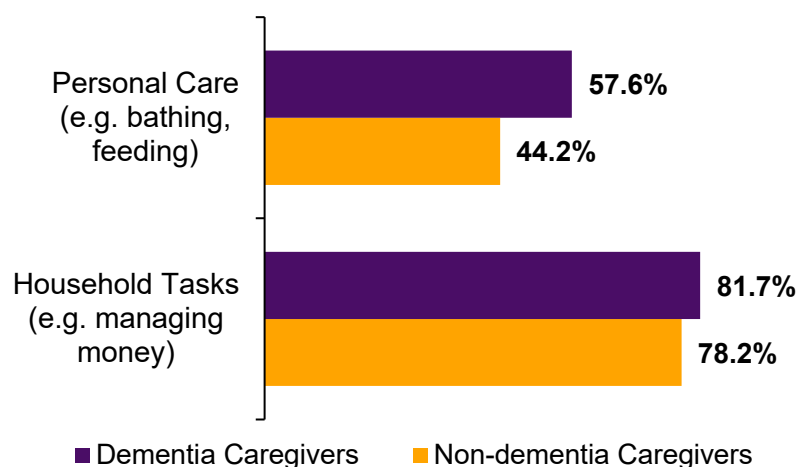
65+ 55-64 45-54
35-44 Under 35

What does dementia caregiving entail?

Length of Care



Type of Assistance Provided



This Fact Sheet is supported by the Centers for Disease Control and Prevention of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$2,795,933 with 100 percent funded by CDC/HHS. The contents are those of the Alzheimer's Association and do not necessarily represent the official views of, nor an endorsement, by CDC/HHS, or the U.S. Government.