

National Transportation Resources

Driving is not the only transportation option available. There are many options people can explore that will allow them to continue to travel independently and remain in control of their mobility. Below are some national resources that will help you drill down and find local transportation options.

Information and Referral to Local Sources

The Eldercare Locator

www.eldercare.gov

800.677.1116

The Eldercare Locator, a public service of the Administration on Aging, U.S. Department of Health and Human Services, is a nationwide service that connects older Americans and their caregivers with state and local area agencies on aging and community-based organizations that serve older adults and their caregivers.

2-1-1

www.211.org

2-1-1 provides callers with information about and referrals to human services for every day needs and in times of crisis. 2-1-1 is an easy to remember telephone number that, where available, connects people with important community services and volunteer opportunities.

Aging and Disability Resource Center

<https://acl.gov/programs/aging-and-disability-networks/aging-and-disability-resource-centers>

Funded by the U.S. Administration on Aging, the Aging and Disability Resource Center system assists consumers with identifying and accessing a range of home and community based resources that maintain individual independence.

AARP

www.aarp.org/home-garden/transportation

888.687.2277

AARP provides a variety of information, from driver safety programs to resources for getting around without a car, and tools for determining when it is time to stop or limit driving.

Beverly Foundation Supplemental Transportation Program Map

www.beverlyfoundation.org/map/stps

The Beverly Foundation Supplemental Transportation Program Map provides over 1000 Supplemental Transportation Programs (STPs) across the United States. An STP is a community-based transportation service operated by a public, private or non-profit organization that provides transportation to older adults by supplementing or complementing existing transportation services.

National Center on Senior Transportation

<https://www.nadtc.org/>

866.528.6278

The National Aging and Disability Transportation Center (NADTC) is a program funded by the Federal Transit Administration and administered by Easterseals and the National Association of Area Agencies on Aging (n4a) with guidance from the U.S. Department of Health and Human Services, Administration for Community Living. The Center provides information, materials, and training to increase transportation options for older adults and enhance their ability to live more independently within their communities.

Publictransportation.org

www.publictransportation.org

Online resource designed to provide information about the benefits and importance of public transportation for all Americans. Includes a database of transit options, searchable by state.

State Departments of Transportation

www.fhwa.dot.gov/webstate.htm

Listing of State Departments of Transportation provided by the Federal Highway Administration.

Organizations that Help Transportation Providers

American Public Transportation Association (APTA)

www.apta.com

APTA is an international organization for the bus, rapid transit and commuter rail systems industry, based in Washington, DC. Website includes the Gateway to Public Transportation Links, a list of transit providers organized by state.

Community Transportation Association of America (CTAA)

www.ctaa.org

800.891.0590

CTAA is a membership organization made up of transportation providers, advocates, and users who are committed to enhancing the nation's support for mobility. Members from all 50 states work to educate federal and local government leaders about the importance of available transportation.

Informational Brochures and Materials

Hanging Up the Keys? Options When Driving Retirement Becomes a Crisis

https://www.nadtc.org/wp-content/uploads/Hanging_Up_the_Keys_Guide-Cover.pdf

This guide was developed to assist individuals and families in better understanding the current level of risk of an older driver and to direct them to other, more comprehensive resources available. It includes a driving checklist, risk factors to consider, communication and safety tips, and information on alternatives to driving.

How to Help an Older Driver: A Guide for Planning Safe Transportation

<https://seniordriving.aaa.com/download/how-to-help-an-older-driver-brochure/>

Brochure discussing how families and friends of senior drivers can help them maintain their independence and mobility without sacrificing safety.

Transportation Options for Older Adults: Choices for Mobility Independence

<https://www.aarp.org/content/dam/aarp/livable-communities/old-learn/transportation/choices-for-mobility-independence-transportation-options-for-older-adults-aarp.pdf>

The brochure describes various types of transportation services for older adults and lists key questions to ask transportation provider to determine the best option to meet individual needs.

Transportation Solutions for Caregivers: A Starting Point

http://es.easterseals.com/site/DocServer/Transportation_Solutions.pdf?docID=2081

Family caregivers often rely on trial and error to solve their transportation challenges. This booklet and accompanying video provide tips and safe, creative solutions, devised by both family caregivers and professionals, that are designed to ease transportation challenges.

Driver Safety

The Hartford

<http://hartfordauto.thehartford.com/Safe-Driving/Car-Safety/Older-Driver-Safety/Dementia-Activity/>

Variety of tools and resources to assist with family discussions about driving, information on evaluations and risk assessment, and a section dedicated to dementia and driving.