Risk Factors for Cognitive Decline: New Jersey

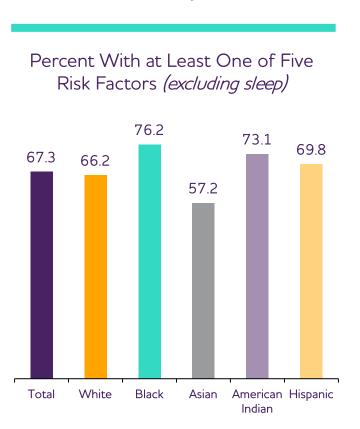


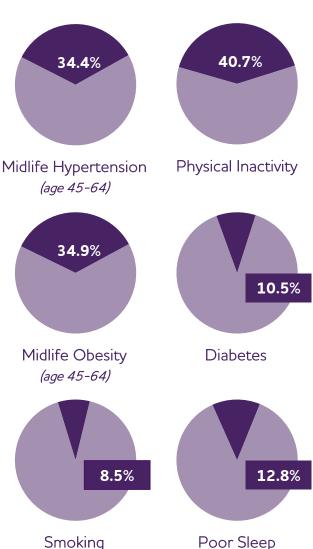
Based on population-level evidence, the six health conditions and behaviors included here increase risk for cognitive decline — and may also increase risk of dementia.

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Data are from the Behavioral Risk Factor Surveillance System (BRFSS).





Prevalence of Six Risk Factors

(age 45 and older)

## Percent With Any of Five Risk Factors (excluding sleep)

None 32.7% One 36.0% Two or more 31.3%
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