



dementia caregiving in Iowa

DATA FROM THE 2021 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

More than 1 in 5 caregivers in Iowa (20.4%) is providing care to an individual with Alzheimer's or other form of dementia.

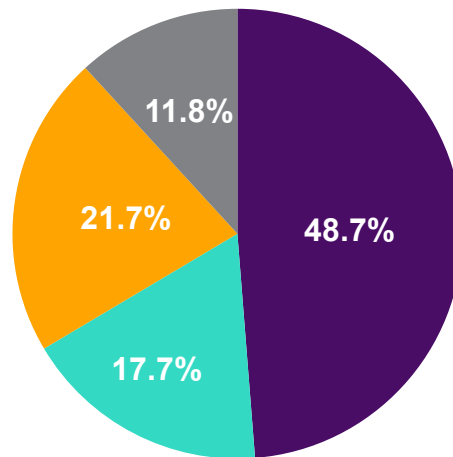
Who are dementia caregivers?

| | |
|-------------------------|-------|
| Female | 61.0% |
| Male | 39.0% |
| Urban | 77.8% |
| Rural | 22.2% |
| Also caring for a child | 28.4% |

Health Effects

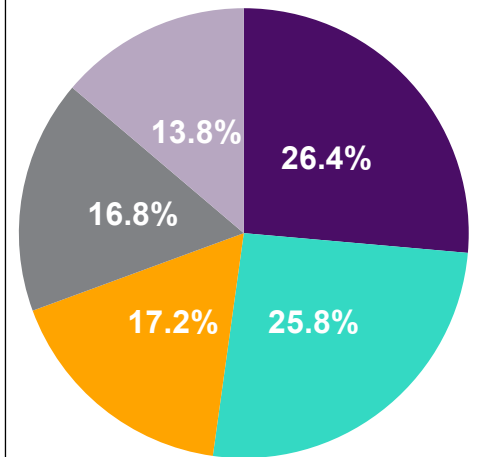
| | |
|----------------------------------|-------|
| In frequent poor physical health | 13.8% |
| In frequent poor mental health | 20.8% |
| History of depression | 27.4% |

Relationship to Care Recipient



■ Child/Child-in-Law ■ Partner/Spouse
 ■ Other Relative ■ Non-Relative

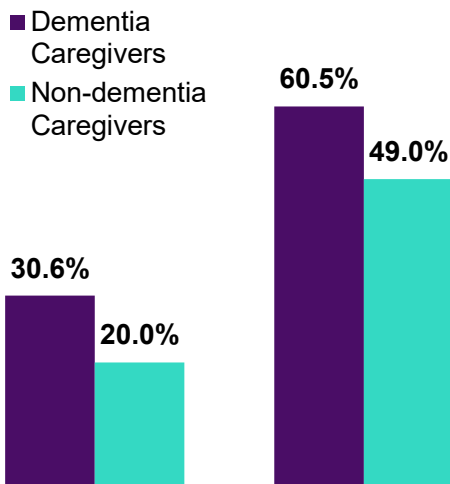
Age



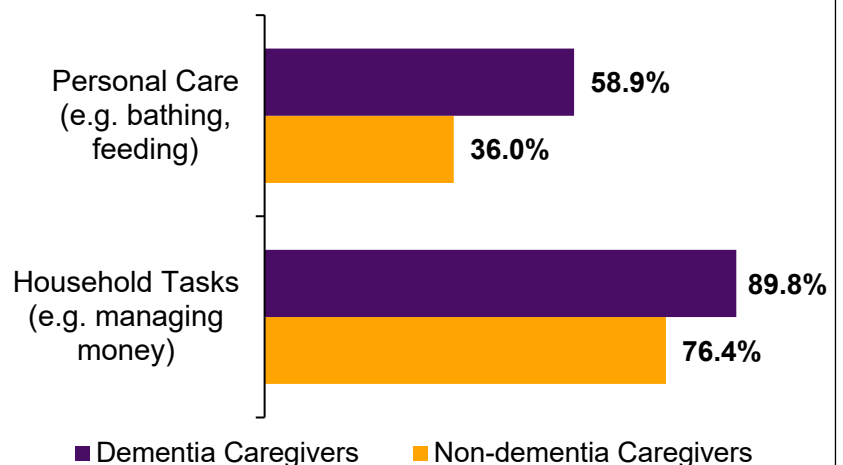
■ 65+ ■ 55-64 ■ 45-54
 ■ 35-44 ■ Under 35

What does dementia caregiving entail?

Length of Care



Type of Assistance Provided



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