



# dementia caregiving in Vermont

DATA FROM THE 2021 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

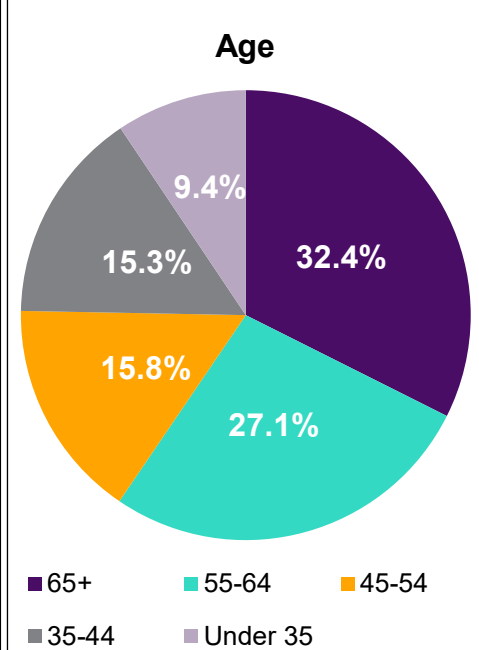
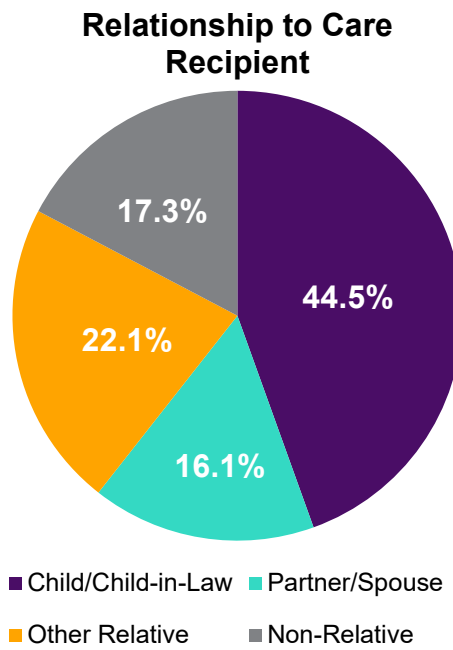
More than 1 in 5 caregivers in Vermont (21.4%) is providing care to an individual with Alzheimer's or other form of dementia.

## Who are dementia caregivers?

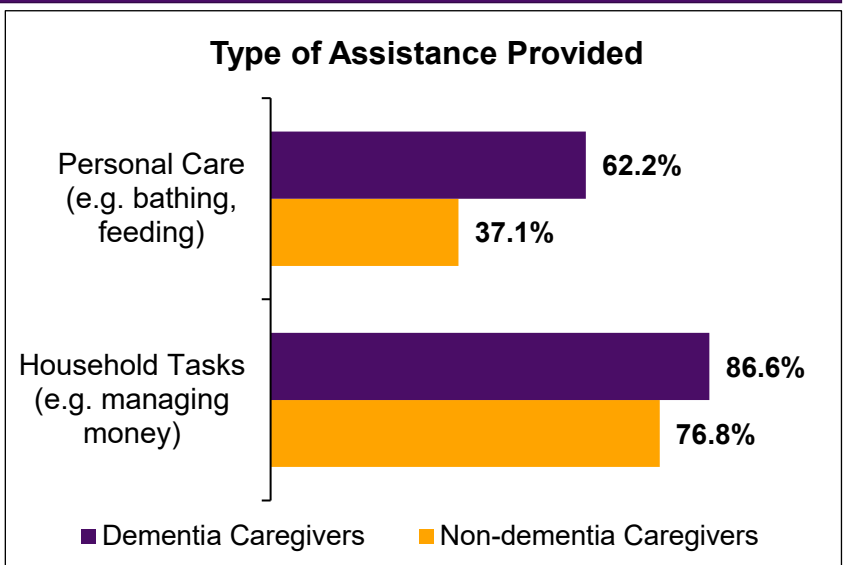
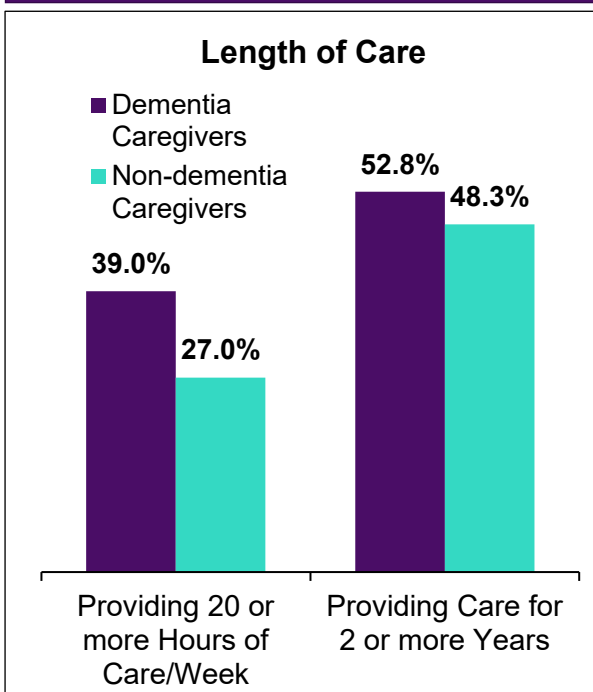
Female	71.1%
Male	28.9%
Urban	74.4%
Rural	25.6%
Also caring for a child	23.6%

### Health Effects

In frequent poor physical health	10.7%
In frequent poor mental health	20.7%
History of depression	35.4%



## What does dementia caregiving entail?



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