

# dementia caregiving in Arizona

#### DATA FROM THE 2022 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

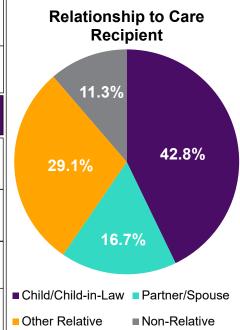
Nearly 1 in 4 caregivers in Arizona (23.7%) is providing care to an individual with Alzheimer's or other form of dementia.

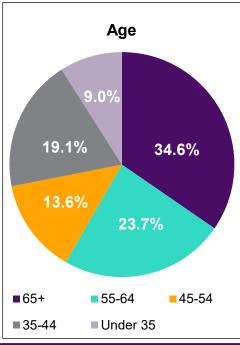
## Who are dementia caregivers?

Female	68.1%
Male	31.9%
Also caring for a child	39.7%

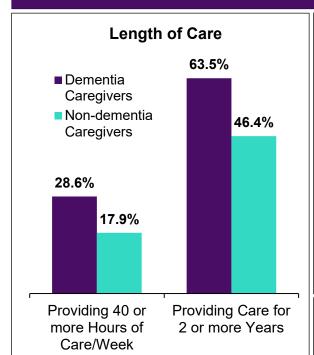
### **Health Effects**

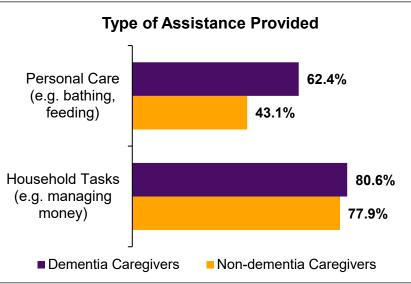
In frequent poor physical health	15.5%
In frequent poor mental health	17.0%
History of depression	27.7%
Feels socially isolated	28.1%





## What does dementia caregiving entail?





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