



dementia caregiving in Delaware

DATA FROM THE 2021 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

More than 1 in 5 caregivers in Delaware (21.2%) is providing care to an individual with Alzheimer's or other form of dementia.

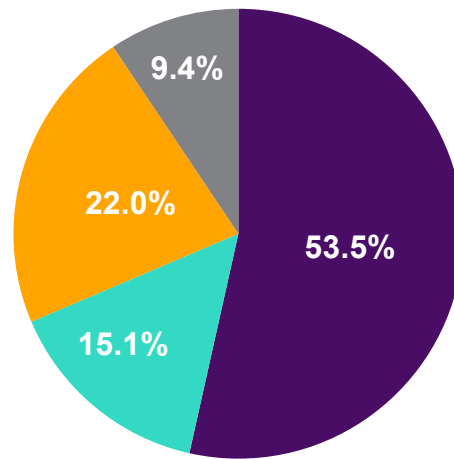
Who are dementia caregivers?

Female	68.6%
Male	31.4%
Urban	100.0%
Rural	0.0%
Also caring for a child	20.9%

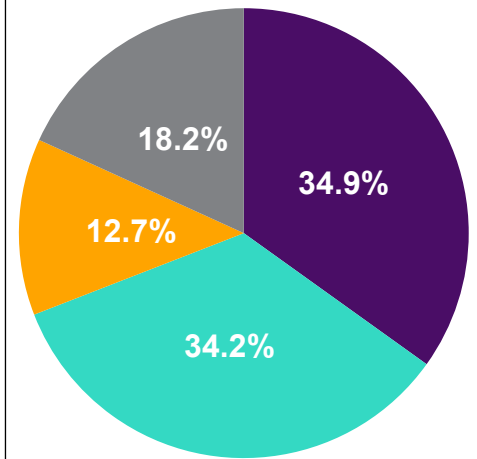
Health Effects

In frequent poor physical health	n/a
In frequent poor mental health	18.2%
History of depression	23.3%

Relationship to Care Recipient



Age

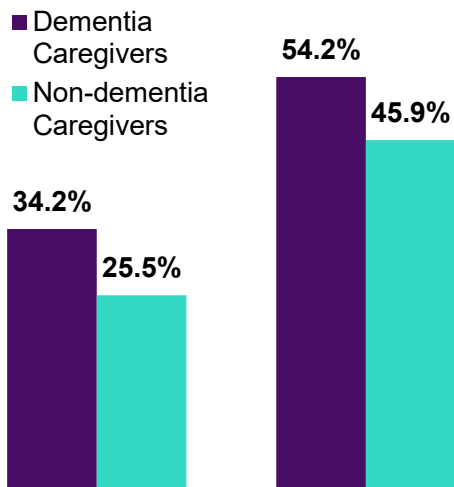


■ Child/Child-in-Law
 ■ Partner/Spouse
■ Other Relative
 ■ Non-Relative

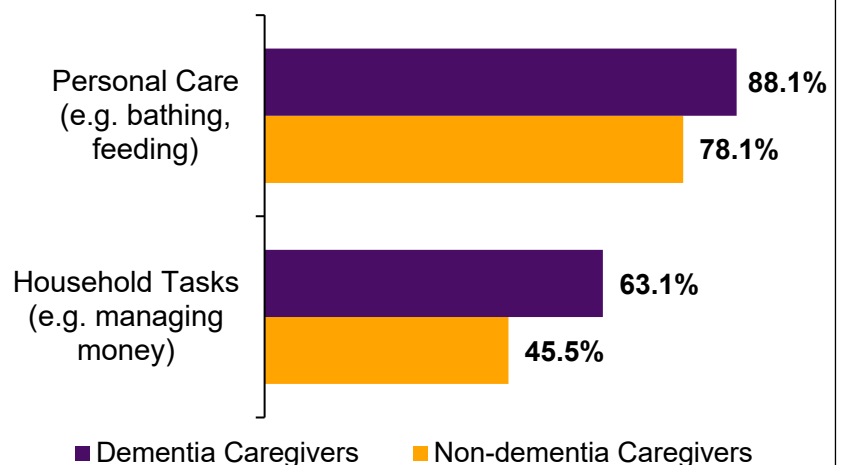
■ 65+
 ■ 55-64
■ 45-54
 ■ Under 45

What does dementia caregiving entail?

Length of Care



Type of Assistance Provided



Providing 20 or more Hours of Care/Week

Providing Care for 2 or more Years

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