In the District of Columbia, **more than half** of all adults providing unpaid care to loved ones with Alzheimer's or another dementia have been doing so for at least two years.

Among dementia caregivers, **40 percent** are in the “sandwich generation” – caring for both someone with dementia and a child or grandchild.

**More than half** of Alzheimer’s and dementia caregivers provide care to their parent or their parent-in-law.

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**The Big Picture (2017)**

- **29,000** caregivers
- **33 million** hours of care
- **$411 million** and had
- **$30 million** in higher health care costs

*Source: 2018 Alzheimer’s Disease Facts and Figures*