In Rhode Island, almost two-thirds of all adults providing unpaid care to loved ones with Alzheimer’s or another dementia have been doing so for at least two years.

One-third of Alzheimer’s and dementia caregivers provide 20 or more hours of care per week.

More than half of Alzheimer’s and dementia caregivers provide care to their parent or parent-in-law.

### Characteristics of Alzheimer’s and Other Dementias Caregivers

<table>
<thead>
<tr>
<th>Gender</th>
<th>Age</th>
<th>Hours of Care per Week</th>
<th>Caring for Parent or Parent-in-law</th>
</tr>
</thead>
<tbody>
<tr>
<td>Women</td>
<td>45-64</td>
<td>65+</td>
<td>20+</td>
</tr>
<tr>
<td>Men</td>
<td>57.6%</td>
<td>23.1%</td>
<td>33.3%</td>
</tr>
</tbody>
</table>

### Impact of Alzheimer’s and dementia caregiving

- Frequent Poor Physical Health: 14.9%
- History of Depression: 27.4%
- History of Depression: 27.4%

### Percent of dementia caregivers providing care for at least 2 years

- 63.0%

### Percent who manage personal care, such as feeding or bathing

- 62.5%

### Percent who manage household care, such as cleaning or cooking

- 78.4%

*This Fact Sheet is supported by Cooperative Agreement #NU58DP006115 from the Centers for Disease Control and Prevention (CDC). Its contents are solely the responsibility of the Alzheimer’s Association and do not necessarily represent the official views of the CDC.*