

## dementia caregiving in hawaii

## DATA FROM THE 2019 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

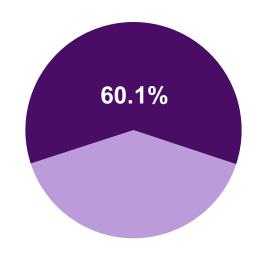
In Hawaii, <u>1 in 4</u> unpaid caregivers are providing care to a loved one with Alzheimer's or another dementia.

More than half of dementia caregivers have been providing care for at least two years.

More than 1 in 3 dementia caregivers provide 20 or more hours of care per week.

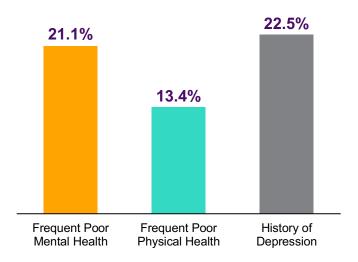
More than 1 in 3 dementia caregivers are in the "sandwich generation" — caring for both someone with dementia and a child or grandchild.

Percent of dementia caregivers providing care for at least 2 years



| Characteristics of Alzheimer's and Other Dementias Caregivers |            |              |            |                        |            |                   |                 |  |
|---|------------|--------------|------------|------------------------|------------|-------------------|-----------------|--|
| <u>Gender</u>   |            | <u>Age</u>   |            | Hours of Care per Week |            | Caring for Parent | Also Caring for |  |
| Women   | <u>Men</u> | <u>45-64</u> | <u>65+</u> | <u>20+</u>             | <u>40+</u> | or Parent-in-law  | <u>Minor</u>    |  |
| 65.4%   | 34.6%      | 43.5%        | 29.4%      | 40.9%                  | 26.1%      | 49.9%             | 34.8%           |  |

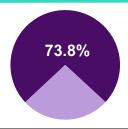
## Impact of Alzheimer's and dementia caregiving





Percent who manage household care, such as cleaning or cooking

Percent who manage personal care, such as feeding or bathing



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