

# dementia caregiving in Mississippi

### DATA FROM THE 2021 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

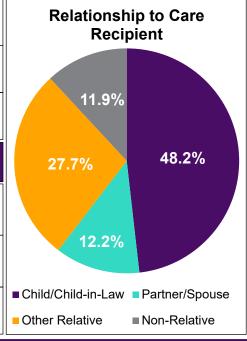
1 in 5 caregivers in Mississippi (20.0%) is providing care to an individual with Alzheimer's or other form of dementia.

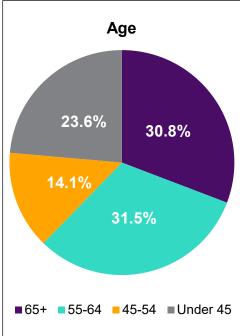
## Who are dementia caregivers?

Female	62.2%
Male	37.8%
Urban	76.6%
Rural	23.4%
Also caring for a child	24.7%

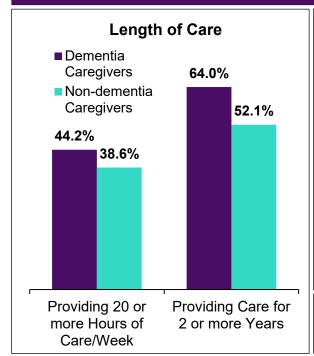
### **Health Effects**

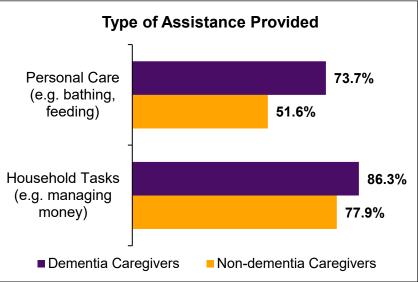
In frequent poor physical health	13.1%
In frequent poor mental health	16.5%
History of depression	32.2%





# What does dementia caregiving entail?





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