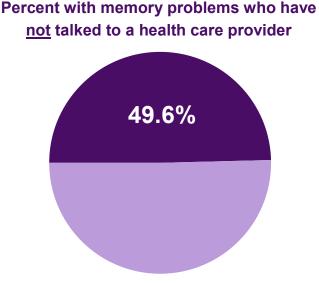
alzheimer's % association cognitive decline in new hampshire

DATA FROM THE 2020 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

In New Hampshire, 6.9% of those aged 45 and over report they are experiencing confusion or memory loss that is happening more often or is getting worse ("subjective cognitive decline").

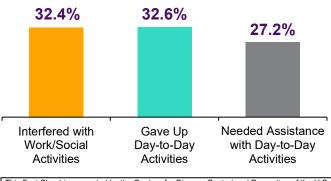
Nearly half of them have <u>not</u> talked to a health care professional about it.

For those with worsening memory problems, 42.1% say it has created "functional difficulties" — that is, caused them to give up day-to-day activities and/or interfered with work or social activities.



Percent of Those Aged 45+ with Subjective Cognitive Decline											
All	<u>Gei</u>	<u>nder</u>	Age					Educational Attainment			
6.9%	<u>Men</u>	<u>Women</u>	<u>45-59</u>	<u>60-64</u>	<u>65-74</u>	<u>75-79</u>	<u>80+</u>	< High <u>School</u>	High <u>School</u>	Some <u>College</u>	College <u>Grad</u>
	7.2%	6.7%	5.8%	5.3%	7.6%	8.8%	12.0%	15.4%	8.5%	6.3%	4.9%

Percent with memory problems who say it created difficulties and burden



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