



# dementia caregiving in North Dakota

DATA FROM THE 2021 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

Nearly 1 in 5 caregivers in North Dakota (19.9%) is providing care to an individual with Alzheimer's or other form of dementia.

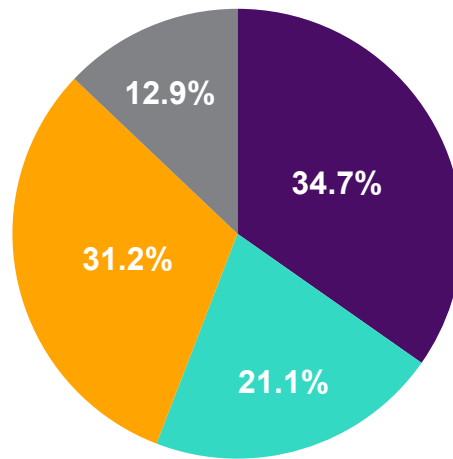
## Who are dementia caregivers?

Female	66.9%
Male	33.1%
Urban	72.5%
Rural	27.5%
Also caring for a child	22.5%

### Health Effects

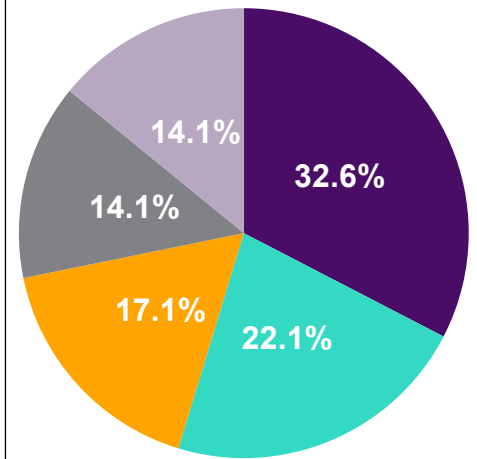
In frequent poor physical health	8.6%
In frequent poor mental health	15.8%
History of depression	30.4%

### Relationship to Care Recipient



■ Child/Child-in-Law ■ Partner/Spouse  
■ Other Relative ■ Non-Relative

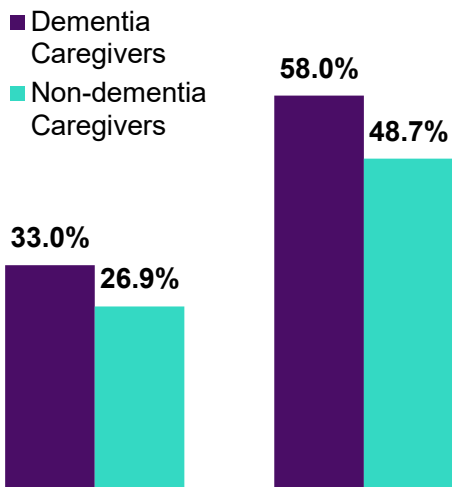
### Age



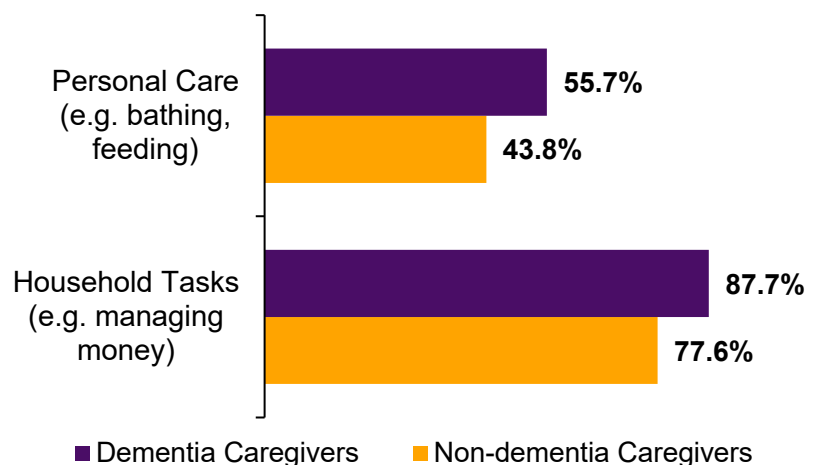
■ 65+ ■ 55-64 ■ 45-54  
■ 35-44 ■ Under 35

## What does dementia caregiving entail?

### Length of Care



### Type of Assistance Provided



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