



# dementia caregiving in Oklahoma

DATA FROM THE 2021 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

More than 1 in 5 caregivers in Oklahoma (22.5%) is providing care to an individual with Alzheimer's or other form of dementia.

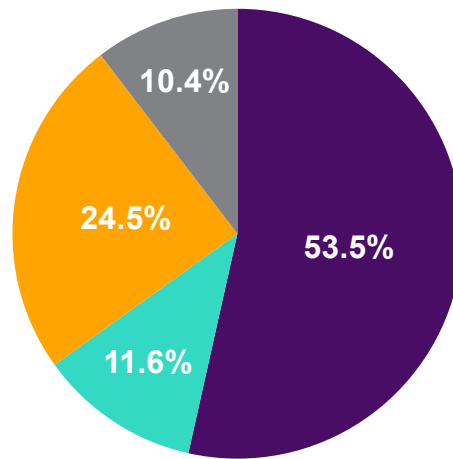
## Who are dementia caregivers?

Female	67.7%
Male	32.3%
Urban	82.8%
Rural	17.2%
Also caring for a child	31.5%

### Health Effects

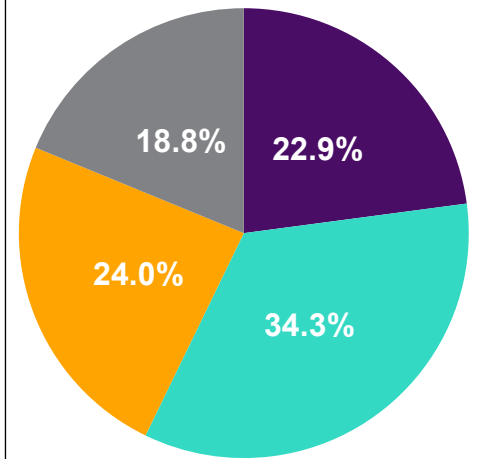
In frequent poor physical health	17.2%
In frequent poor mental health	14.2%
History of depression	24.4%

### Relationship to Care Recipient



■ Child/Child-in-Law ■ Partner/Spouse  
 ■ Other Relative ■ Non-Relative

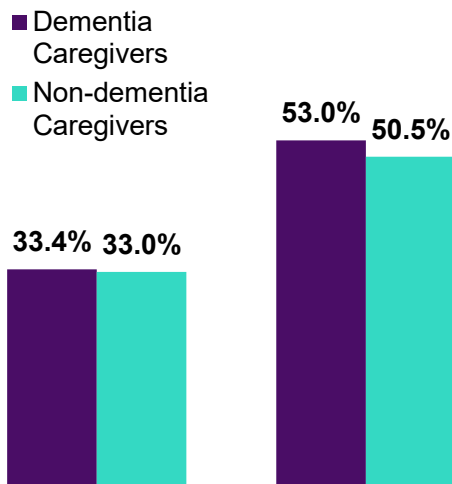
### Age



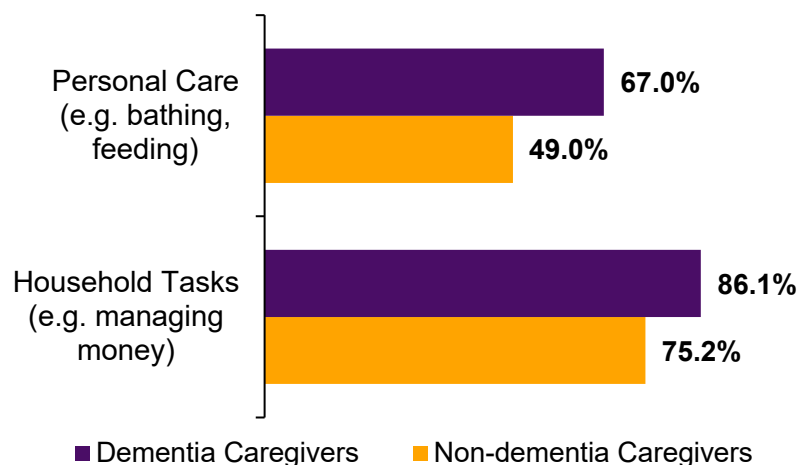
■ 65+ ■ 55-64  
 ■ 45-54 ■ Under 45

## What does dementia caregiving entail?

### Length of Care



### Type of Assistance Provided



This Fact Sheet is supported by the Centers for Disease Control and Prevention of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$2,795,933 with 100 percent funded by CDC/HHS. The contents are those of the Alzheimer's Association and do not necessarily represent the official views of, nor an endorsement, by CDC/HHS, or the U.S. Government.